


# The Earth Guardians

## Essences for the NEW AGE

Nr.	Name / Light-Entity	Colour / Crystal	Effect of the EARTH GUARDIAN-Essences – Short Description
1	<b>Fire/Sun-Angel</b>  Fire-(Light)- Entities of Earth  <i>Healing energy</i> <i>Prime-frequency</i>	<b>Colours:</b> fire-yellow + flame-gold	<p>Intensifies connection between heaven and Earth, the Earth-connection, rooting and anchorage in the heart of Inner-Earth. Gives stability and new alignment. Mother-Earth-energies for gentle purification and healing on the physical and emotional level.</p> <p>Gives power and strength, to follow destination in lightness and joy, gives abundance on the earthly material level. Firely power, burns gentle old, blocking patterns, old (existence-) fears and sorrows. Cosmic fire burns olds from the physical body, the body-structure and light-body, makes room for new energies. Quenches old fears and hurts of the heart, increases the loving-capacity. Widens chest, back and shoulder area. Breaks up in the back old injuries, wounds and pains.</p> <p>Healing energy of the divine prime-frequency, brings renewal on all levels. Miracles may happen. Increase of the light-frequency. Strengthens the voice of the heart, the emotions and of joy. Breaking up old structures, helps to rest in your own centre, supports extended perception and enlargement with all senses.</p> <p>Strengthens feminine prime-power and divine intuition. Warming, loving, wrapping, surrounding energies of Mother Earth gives stability in the earthly reality, for your life, projects, work. Gives power and alignment for goals, wishes and needs. Enlightens your life-path, guides you lovingly and joyful to people with equal energies and attitudes.</p>
2	<b>Fire-red Sun</b>  <i>Pulsating Energy</i> <i>of the descend sun</i>	<b>Colour:</b> Fire-red	<p>Strong activating, harmonising, energising of the three lower chakras (base, sexual chakra and solarplexus), connects between higher and lower chakras.</p> <p>Supports the psychical and mental clear up of abuse of every kind, releases energetic the reaction-patterns in the tissue of the physical body, as from that resulting blockades and shock-conditions.</p> <p>Activates, harmonises and strengthens all energy-pathes and organs in the whole abdomen and pelvis-area (kidneys, stomach, intestinals, sexual organs) relaxing, relieving cramps. Helpful for all problems in the abdomen. Very healing, strongly compensating harmonic energy, everything gets easier and flowing.</p>
3	<b>Counsel of the Three</b>  Michael Melchizedek Metatron Aeolus Cosm. Adviser of the Galactic Healing-Force from Ashtar-Command	<b>Twisted            Colour-Rays</b> gold silver copper  milky light- yellow	<p>Purification and loading of all energy-centres, all energy-systems and all body-systems, also the light-body. Strong energy frequency penetrates negative powers.</p> <p>Helps, to keep you in your own centre, strengthens the devotion of divine flow, to hear the inner voice as the only true orientation and source of truth. Helps to stay in the observer-part and the divine order, helpful in emotional chaos. Lovingly energy of the divine order. Strengthens the own divine force, power and strength. New structuring and alignment after the higher divine plan. Connects the energy-centre from forehead to heart and sexual-body, to live fulfilled relationships and partnerships. Spirituality will be connected with the heart, intellect and emotion. From that grows life in joy, love, harmony, abundance and wealth for the "warrior of light", whose protection and energy-patter get strengthened. Brings order in the structuring of the Universe, stability, gentle integration and the knowledge, that everyone is a small wheel in the universal clockwork. Fulfilment of your own taste in the big "all that is". Turbo-power love of the divine power. Energetic protection-filter in the solar-plexus keeps from foreign influences, strengthening of the light-structures.</p>

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4	<b>The White Grail</b>  <i>Sananda</i> <i>Grail-Energy</i>	<b>Colours:</b> white-gold gold  <b>Flowers:</b> White violet White-magenta Orchid (Miltonia)	Recognizing the Christ-Energy in oneself, in the other and in the whole of creation. Nourishes ideas and visions in love and joy. Recognize your uniqueness and diversity. Growing of your own abundance and fulfilment. Draws light and love into your Being. Helps you, to discover the divine in yourself, to activate, to accept, to realize. Supports you to recognize the divine in yourself and others. Light- and lovingly disintegration of karmic energies. Helps you to follow the call of your heart. Support by realization and take over the responsibility for yourself and your life. Supports harmonic flow in relationships. Presents fulfilment through the own mastery of the self, of the manifestation and creative-power, as well as the oneness with the divine.  Ray of the divine love, which shines and lightens opulent. Energy of miracles. Awakens and develops the love of Christ in your own head for yourself and others as well as to Earth, the animals, plants and all entities of Earth and the Universe. Awaken, comprehend, understanding, let it happen, tender, joyful and lovingly transformation of all life-circumstances, joy of Being.
5	<b>Lemuria</b>  Creator-God of our Universe  The Masters of Time-Manifestation  Angels  Mary  Angel of the Original Light  <i>Creative essence of Manifestation</i>	<b>Symbols:</b> Sun-Symbol Symbol of creative manifestation-power    <b>Colours:</b> Sun-gold gold-magenta gentle light blue The 12 beams of all colours of the rainbow	Activates creative power, lets you experience and live through visions, ideas and projects in the divine order on the physical, terrestrial and real plane, manifest in connection and co-operation with the light-entities of heaven and earth, to meet with the necessary and right people, situations and learning tasks to the well-being of all concerned according of the free will and the personal truth of the individual. Reconnecting with the unity, the oneness, heals everything in yourself, which wasn't in the unity before. Anchorage of the original Light and your own colour-ray in every cell. Intensified perception of the variety and communication with the light-entities of all planes and forms of being. Helps to recognize the general view, prospect, whole outlook, the greater connection. Gives lightness and easiness. Quietness, stillness and comfort, Discovering of your own specific task and radiation-power. Harmonizing of both body-halves. Balance and becoming oneness of both brain-halves. Harmonizing of past and future in the eternal Now.  Balance of past and future, masculine-feminine, active-passive, intuition and action. Full power and potential will be anchored.  Strengthens faith and power of thoughts for realizing of ideas, given confidence in the divine order and guidance. Presents comfort, consolation. Love and confidence, inner knowledge, understanding about the greater connections. Strengthens power and courage for your own path.
6	<b>Master Lucas</b> Spiritual Physician and Master-Healer of Planet Earth  <i>Cellplasma-energy</i>  <i>Divine energy of the Origin-Energy</i>  <i>Activating of the bio-crystalline-body</i>	<b>Colours:</b> turquoise-green, violet-white, green-violet, pastel-pink, light-white, radiant light  <b>Crystal-Essence:</b> Rainbow-Fluorite	Life-energy, life-courage, life-joy, deep tranquilizing, to find deep peace, balancing of all planes, emotional balance, harmonic clarification, purification and bringing to conclusion of situations and human relationships. Restructuring of energy-fields around the physical organs, frequency-raising of the physical organs. Healing of all energy-centres, cell-healing. Removes slogs, decontaminates and cleans all body-systems, strengthens health and well-being, harmonizes both brain-halves.  Produces spiritual order, loosens spiritual blockades, learning-help, concentration-enhancement. Activates nerve-system and new energy-lanes in the head area, head-centre and brain. Replaces old programs, which have no longer validity, through new energies. Gives clarity, connects to higher wisdom. Activates and strengthens the bio-crystalline body.

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7	<p><b>The Earth-Guardians</b> Earth-Vortex-Energy</p> <p>Lady Kumara (feminine Aspect of Sanat Kumara)</p> <p><i>magnetic and electric energies of Sedona (USA)</i></p> <p><i>Strengthening of magnetic and electric body-energies</i></p>	<p><b>Colours:</b> silver magnetic beam and very light-gentle pink of Mother Earth</p> <p><b>Crystal-Essence:</b> Elestial (17 kg skeleton smoky-quartz)</p>	<p>Healing 1. and 2. chakra, physic healing and strengthening of the organs in the abdomen, healing of emotional conditions, cleans karmic energies, and ties. Strongly energizes, disintegrating, cleansing and balancing. Strengthens meridian-immune-system. Extinguishes old, painful or traumatic cell-remembrance. Strengthens prime-confidence, dissolution of deeply rooted, emotional conditioning patterns, gives balance, harmony, composure and well-being. Stabilizes brain-frequency, gives structure, balancing, clears, leans and harmonizes, intensifies harmonizing and balance of the polarities (also masculine + feminine). Gives power, regeneration, activation for the whole body-systems. Activates, strengthens and harmonizes the electric (pure earth-energies and earth-power for the physical body) and magnetic (spiritual energies to strengthen the “mind-power”) energies, structures in the physical body, regulates false connexions. Connects with pure earth-energy, strengthens connection between heaven and earth. Supports development-potential, breaks up blockades in the personal development. Expansion on vertical (heaven/earth-axis) and horizontal level, on the heart-level. Strengthens self-exceptance and unconditional, unchangeable charity, the knowledge of finding together and to be together. Connection with the source of cosmic power, connects with the inner truth and higher wisdom. Ascension-energy for the planetary and personal ascension.</p>
8	<p><b>Metatron</b></p> <p>Heavens Prince, Guardian of the divine laws</p> <p>The Lords of the Archangel Raphael</p> <p>Ray of Grace</p> <p><i>Essence for flexibility as well as breaking up and healing of Karma</i></p>	<p><b>Colour</b> golden, liquid Light dark-honey-gold lightening blue emerald green light gentle salmon pink glittering light</p> <p><b>Chrystal-Essence:</b> Oranges-Calcite</p>	<p>Breaks up old, energetic incrustations, makes more mobile and flexible. Supports change and transformation, gives lightness, flexibility, elasticity in the physical body (in the joints), in life-situations. Breaking up of Karma according to the divine order to the cell-level. Breaking up and healing from karmic-connections, relationships and life-situations. Gives freedom, lightness, multidimensional Being. Strengthens development of the sensitive abilities, of the perception and communication with all dimensions. Ray of Grace for Transformation to accept change and challenge in lightness, peace and joy. No clinging to old habits, opinions, pattern. Supports the life process of recognizing, trade, let go and walk on. Helps to leave the past alone, though new things can develop.</p>
9	<p><b>The Fore-Mother</b></p> <p><i>Essence for Star-Children (for adjusting to the Earth Frequency) and their Mothers</i></p>	<p><b>Colours:</b> The white beam who contains all 12 colours of the Rainbow</p> <p>light-violet, gentle pink, gold, magenta</p>	<p>Adjustment-essence to the earth frequency for star-children and their mothers, as well as for adult star-children. Breaks up the feeling of loneliness, to be alone and convey the feeling of having arrived home, to lean back and relax. Gives comfort, warmth, prime-confidence. Power and strength for the requirement of life, when you are at the limit and the edge of your strength. It works soothing and harmonizing on babies and star-children. Strengthens the mothers of these children on their big task and challenge. Supports their inner knowledge to do the right thing for their child, doesn't matter, what others say. Adjustment of the own soul-frequency, the frequency of earth- and their constantly changing energies, to find their place in the earthly life.</p>

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10	<p><b>The Heart of the Earth</b></p> <p>Heart-Energy and Light-Library of Mother Earth Sanat Kumara Healing Earth-Angels-Entities, Guardian of the Citrine-Crystals</p> <p><i>Essence from the innermost Earth, the liquid, crystal-line Heart of Light</i></p>	<p><b>Colour:</b> yellow-gold sun-gold-yellow orange red gentle gold-brown peach coloured</p> <p><b>Crystal-Essence</b> Citrine</p>	<p>Strengthens life-power, life-joy, life-courage, grace, sun-power, self-realization, creativity, self-confidence, self-expression, self acceptance, light-power, prime-power, prime-trust, lightness. Effects brightening up, nerve-strength, effective by depression, regulates digestion.</p> <p>Breaks up blockades in the abdomen, activates energizes and heals the lower three chakras and belonging organs of the body. Breaks up emotional in-balance, victim-attitude, pattern, definitions, abuse-energies and sexual problems. Brings everything into flow, also cell-liquid and lymph.</p> <p>Connects with the earth- and life-power, the pure sexual power to perfect development and health-preservation of the body. Supports recognizing and converting of your own wishes and destinations as well of the earthly soul-plan. Gives feeling of fulfilment, warmth-comfort. Clearing and transformation of the light-body and on the cell-level, also of existence and prime-fear-energies. Healing of old and deep injuries of the heart. Heart-opening and expanding. Heals old hurts of the soul, healing of the inner child, helps, to brake up patterns. Creates merging with earth-energy contact and spiritual connection to the entity-Earth and its light entities. Detachment, energy-lifting, ascension to Light.</p>
11	<p><b>Power of Realisation</b></p> <p>Archangel Gabriel</p> <p><i>Essence for realization of projects and your own destination</i></p>	<p><b>Colours:</b> yellow-orange crystal-white black yolk yellow</p> <p><b>Crystal-Essence:</b> Clear-Quartz, black Tourmaline</p>	<p>Breaking up of old structures, and freeing old programs and prevention-mechanism. Gives clarity, focus and power of distruction, for what you want to bring yourself in. Strengthens endurance, purposefulness, endurance, to realize all ideas and projects into reality, to get to the end of the visions. To decode the code of the light-body, activates old knowledge about ascent / de-scent, condensation / de-condensation. Strengthens the confidence in the divine time-plan, who connects you with all people and situations on your way to realize your destiny. Strengthens the encouragement and the patience to the wish-fulfilment of your needs and the knowledge, that it will be fulfilled and realized.</p>
12	<p><b>Transformation</b></p> <p>Violet Flame Saint Germain Archangel Zadkiel</p> <p><i>Essence to transformation for the ascent and extinguish Karma</i></p>	<p><b>Colours:</b> orange-red violet violet violet with gold</p> <p><b>Crystal-Essence:</b> Amethyst</p>	<p>Extinguishing and transformation of Karma and karmic energies, clarifying and changing for the physical boy, the energy-centre and chakras, the third eye, etheric body and the light-body. The violet flame of ascent, the purification and change brings radical inner and outer clarity. Transformation, change, alteration and re-organisation. Changing from old structures, blockades and resistances, fears, pattern and worries, of passed habits and thought-forms, basic believes, behaviour-patterns from childhood, attributes etc. Release, break up and transformation of situations, events, relationships, attributes and forms of behaviour in your life. Protects the energy-field and transforms foreign energies, within to get into your own quietness, stillness and power.</p>

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13	<b>Inner Child</b> Inner Soul-child Angel of Laughter Angel of Grace Angel of peace The divine Mother, Mary Shekinah Light-entities of Lemuria  Essence for healing of the inner child and of the child-parents relationship	<b>Colours:</b> The golden Light of Lemuria  <b>Crystal:</b> Central Crystal of Lemuria	Healing of the inner child, also on the soul-level. Healing of traumatic and painful remembrance and of love deficit at the time of conception, the pre-birth and birth-phase to the baby-age, childhood and youth. Healing of the relationship to the parents, healing of the relationship to the own children and grand-children. Disintegration of not expressed emotions and congested rage in liver and gall. Healing of the karmic energy, the rejection and refusal. Breaking up the feeling of being foreign, not to belong, to be an outsider, to feel misunderstood and un-loved. Disengages the clouding of the consciousness of the own divine being. Breaking up strong connection to father and mother or children. Healing of the aversion to parents or children. Harmonizing relationship between humans, makes relationships more radiant, more lightful, more devoted. Supports the realization of your soul-mission, to live the full potential, to experience a happy, fulfilling existence. Strengthens prime-confidence and the feeling of motherly love, comfort and protection, you are feeling loved, enclosed, accepted, welcome, comforted, enveloped, affectionate, carried.
14	<b>The Prime-Sun</b> The Prime Light Helios and Vesta Gonar and Earth-Entities <i>Sun-resembling Being</i> <i>I AM Presence</i>	<b>Blossoms:</b> Sunflower <b>Crystals:</b> Morganite Verdelith Kunzit Danburite <b>Mandala:</b> Planui	Ascension-energy, activates Sun-resembling existence, to rest in your own centre. I AM presence. Development of own potential, for growth and personal development, gives strength, light, comfort, balance, healing of the solar-plexus-chakra. New orientation and loading of the nervous-system, all body-systems and organs. Intensifies the energy-flow and radiation. Supports the anchorage and vision-fulfilment.
15	<b>EMANUELA</b> magnetic Angel-Entity divine + magnetic healing-energy  <i>Essence for strengthening of the magnetic energies in the physical body</i>	<b>Crystals:</b> dark Rainbow-Fluorite Ametrine Quartz  <b>Colours:</b> turquoise green-blue-violet	Divine magnetic healing light. Activates all magnetic light-points, magnet-lanes, centres, chakras, strengthening of the gridlines of the body, the light-structures of the light-body, and the magnetic gridlines as connection and alignment to the Earth-Gridlines and the cosmic-gridlines. Strengthening of all magnetic energies and cycles in the physical body. Alignment and strengthening of all energetic length- and cross-axis of the body. Strengthens your multidimensional existence, your creative power and the power and wish-fulfilment. Gives more strength, love, joy and persistence, to realize the purpose of your soul in the reality. The unifying of soul-power and personality. Turbo-energy, which breaks up lovingly strong blockades or advanced illness.

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16	<p><b>Thanksgiving and Wealth</b></p> <p><b>Angel:</b> Signs</p> <p>The Light of Earth</p> <p>Guardian of the level of Wealth</p> <p><i>Essence to settle open situations and for wealth on all levels</i></p>	<p><b>Blossom-Essence:</b> Poppy-Flower Marguerite Ivy first, dark red garden-rose</p> <p><b>Colours:</b> Ray of Grace Gold-rain</p>	<p><u>Thanksgiving:</u> To thank for all made experiences – particular the “unpleasant”. Lovingly closing accepting and integrating your own past with all events and the concerned persons. Supports, to be able to accept thanks.</p> <p><u>Wealth:</u> Contact to the soul and the inner voice, gets intensified, to perceive messages stronger. Transformation and extinguishing of old structures, fears, patterns, impressions, feelings of inferiority, blockades and mechanisms on all levels and energy-fields, which hampered wealth until now. Strengthening of the own truth, of self-acceptance and self-worth. Acceptance of the own personality, the own self, the part with ALL experiences. Acknowledge, accept and value, what is, and that it is good as it is – to let it go, let it be. From that develops the treasure of experiences, abundance, lightness, joy, wealth of psychical, spiritual, material and physical level. To load up with Golden Light, wealth for your divine soul-mission. Shaping of the future through your own creative power, fulfilment of the own needs and wishes, to be in perfect harmony, blissfulness, love and peace.</p>
17	<p><b>The Light of Desintegration</b></p> <p><u>Angel/Light-Entity</u> Violet Flame Worshipping Liberty, Ashtar Grace Flame of the soul Light of Des-integration</p> <p><i>Essence for releasing of definitions and Karma-des-integration</i></p>	<p><b>Crystals:</b> Skeleton-Quartz Amethyst</p> <p><b>Colours:</b> Silver - Grace</p>	<p>Recognizing, to make conscious transformation, releasing, des-integration and healing of old burdened and troublesome patterns, fears, worries, impressions, behaviour, thought-forms, disintegration of karmic energies, connections, situations and accepted ancestor-energies. Ancestor-healing and karma-des-integration – everything keeps its place in the system – people, happenings, perceptions, situations, things ...</p> <p>New orientation, new ordering of thought-forms, new structuring of the brain-cells through magnetic-power in the divine order. Freedom of Thinking develops.</p> <p>Neutral, electrical energy, which flows and effects, where previously patterns etc. were broken.</p> <p>Des-integration and transformation of energies.</p>
18	<p><b>MERKABAH – Ascension-Essence</b></p> <p><u>Angel/Light-Entity</u> Entities of the plane of supra-luminar-Light Metatron</p> <p><i>Essence for activation of the MERKABAH</i></p>	<p><b>strongly, vibrating, electric, magnetic, energy</b></p> <p><b>Colours:</b> Golden Light</p>	<p>Anchors, comfort and enclosurement in the physical and in the soul. Golden, magnetic, living Light from the creator-plane, existing from light, sound and holy geometry. Transformation and re-vitalisation of the physical body, harmonizing, re-charging, juvenating, to raise the radiation-power, new lanes of the brain will be activated and flowed through. Transformation of needs in reality, strengthens manifestation-power and creativity. Light of transformation supports the light-body-process, remembrance of the origin and the conscious connection to the origin – origin-frequency, soul-centering and anchoring in the physical for fulfilment of the soul-destiny, merging of soul and personality (ego) – unification of all soul-levels and conditions of being. Consolidation of the light-body structures, new structuring on all levels, energy-adapting for the transformation-process. Adapting of the body to the higher dimensions, activating and energizing of the MERKABAH. Electromagnetic energy for purification and clarification, to find the origin of your own matrix.</p>