

## **WHAT IS SCIENTOLOGY?**

### **RECOMMENDED READING**

DIANETICS: THE MODERN SCIENCE OF MENTAL HEALTH, by L. Ron Hubbard

WHEN IN DOUBT, COMMUNICATE... quotations from the works of L. Ron Hubbard

MIRACLES FOR BREAKFAST, new approach to raising children, by Ruth Minshull

HOW TO CHOOSE YOUR PEOPLE, by Ruth Minshull

SCIENTOLOGY: A NEW SLANT ON LIFE, by L. Ron Hubbard

Books may be purchased from your nearest Scientology church or mission. Or, for current book catalog, write to:

Scientology Ann arbor

P. O. Box 378

Ann Arbor, Mi 48107

## **WHAT IS SCIENTOLOGY?**

By Ruth Minshull

Illustrated by James reeve

Copyright, 1969 by L. Ron Hubbard

Published by

Scientology Ann Arbor

P. D. Box 378

Ann arbor, Michigan 48107

U.S.A.

Manufactured in the United States of America

### What is Scientology?

Scientology is religious philosophy which concentrates on the betterment of normal awareness, intelligence, and communication.

Over a million people around the world are using the methods and the knowledge of Scientology to successfully handle the challenges of daily living.

### Who started it?

Scientology was founded by L. Ron Hubbard, an American philosopher and writer who spent most of his early years studying human behavior and researching ways in which man could realize more of his potential abilities'!

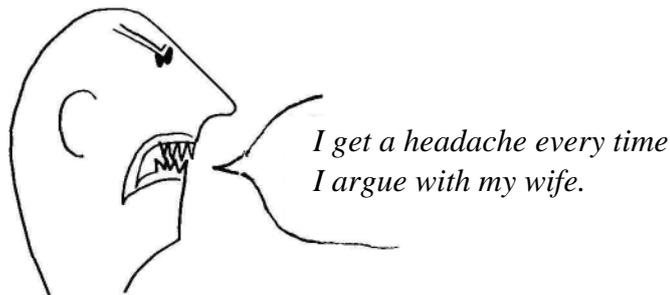
In 1950 he released the results of his research in a book, *DIANETICS! THE MODERN SCIENCE OF MENTAL HEALTH*, which became a best seller. The information in this book has proven valid and the Dianetic techniques (now modernized and faster) are used in Scientology organizations today.

### What does Scientology do for people?

The philosophy and technology of Scientology provide the means for handling the two major sources of difficulty in any person's life.

If you consider the various complaints of your friends, you will find that all their troubles stem from one of two causes!

- 1) The person doesn't have enough information about something, or
- 2) He has emotions he can't control, or physical ailments (of mental origin) which do not respond to medical treatment.



A physical ailment (probably mentally caused).

A college student laments!

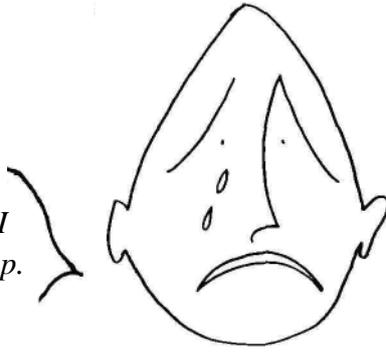
*I don't know what I want in life.*



He could use further understanding about life and his own potential.

A friend moans!

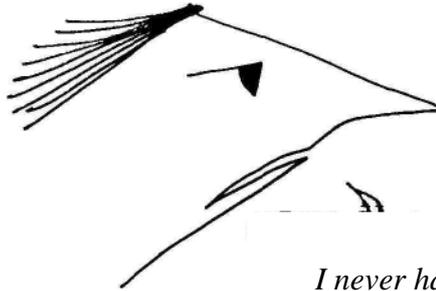
*I'm so miserable, I  
just want to give up.*



An unwanted emotion.

The harassed executive asserts!

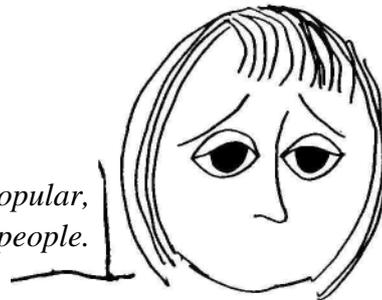
*I never have enough time.*



He could use some special information about time.

A teenager declares!

*I want to be more popular,  
but it's' so hard to talk to people.*



Another undesired emotion.

An employee admits!

*I'm afraid to ask for a raise.*



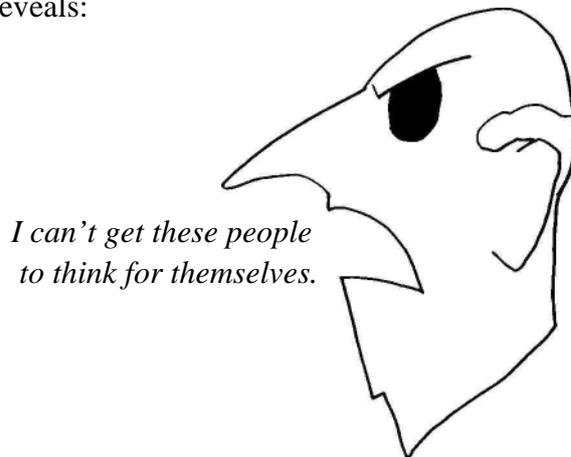
An unwanted emotion.

A mother complains:



A need for more information about human behavior and some skills in handling others.

The Boss reveals:



A use for further information about selecting and influencing people.

### **What Does Scientology Offer For These Two Difficulties?**

Useful information is available in books and courses.

The books explain human behavior and offer workable solutions to many of the perplexing situations we encounter. The courses teach us how to understand and handle people

with confidence, how to communicate effectively, and how to change unwanted conditions in our environment.

Unwanted emotions are eliminated by program of personal assistance called "Auditing."

As a person gets trained and audited, he finds it easier to improve his life. Many couples have settled long-standing marital problems. Men have been able to obtain better jobs. Teenagers find studying easier. Parents learn better ways to handle their children.

### Can Anyone Get Into Scientology?

Not necessarily. One can attend lectures or obtain books at all of the organizations, but he must meet certain qualifications in order to be permitted on Scientology courses and auditing programs.

### What Kind Of People Use Scientology?

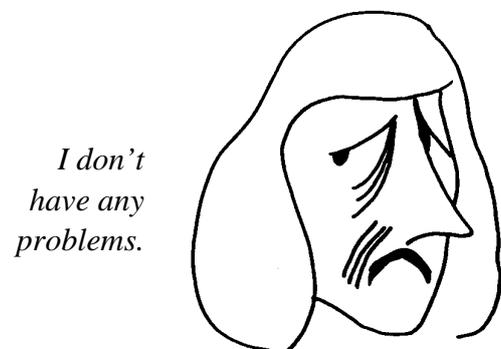
Those who want to improve their natural abilities. The live ones who know they could be even more powerful, more brilliant, and more alive.

You may be a person who has been looking for "something" for a very long time. Most of us have been. There are moments when we suddenly look at our surroundings and wonder, "is this all there is..."

Beneath this question is a gnawing desire for some kind of fulfillment, some meaning or relationship. We wonder if others have found this missing "something."

Many of us look for some answers in various practices and, although we find a little truth here and there, we are generally disillusioned. By the time we are adults we decide our dreams were unrealistic. We abandon them. We adjust to life and "lose ourselves" in jobs, hobbies, studies and various forms of vicarious entertainment.

For this reason, when a person first hears about Scientology, he may be cynical. He has trusted before and he's been betrayed. We all have.



*I do hope this is better  
than Ouija boards.*



Despite the fact that many past practices have promised so much and delivered so little, a great many people are still willing to examine Scientology, and the number of enthusiasts keeps growing.

Why?



*This is what I've always  
been looking for...*

*For the first time in my  
life I know what I'm*



### **Because It Works!**

Scientology is not a fad or a hobby or a doctrine requiring blind faith. It's a scientifically workable practice. This is why you will find hundreds of "old timers" who have stayed active in Scientology since its inception in the 1950s. These people are not gullible. They are of such superior intelligence that they would not continue supporting a creed that wasn't valid.

### **What Is The Basic Theory Of Scientology?**

Ron Hubbard started his research on the premise that

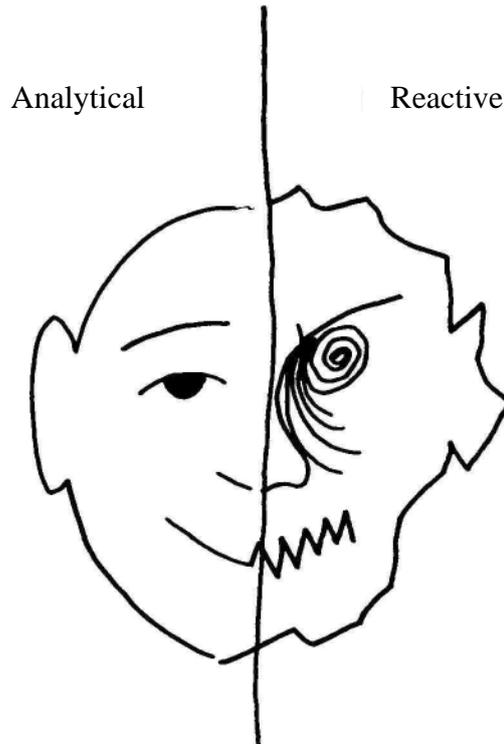
#### **Man Is Basically Good**

Most of us would like to believe in man's basic goodness; but we wonder why he behaves so badly, why he hurts others, why he does things he later regrets.

Nearly all regrettable behavior stems from the fact that the human mind operates both analytically and reactively.

The analytical mind is that part of the mind which permits us to make wise decisions and act in a rational manner.

The reactive mind is the source of unreasonable and uncontrolled behavior. It causes compulsions and inhibitions. It is the source of unwanted emotions such as fear, anger, grief, depression, confusion and indecision.



The analytical mind helps us survive better. The reactive mind actually hinders our survival and causes nearly all the trouble we experience. All of us operate analytically some of the time, and reactively some of the time.

### **What Is Auditing?**

Ron Hubbard's most remarkable discovery (and one which is changing the course of mankind) is this!

*The source of man's reactive mind can be contacted and erased.*

This is the primary function of all Scientology auditing.

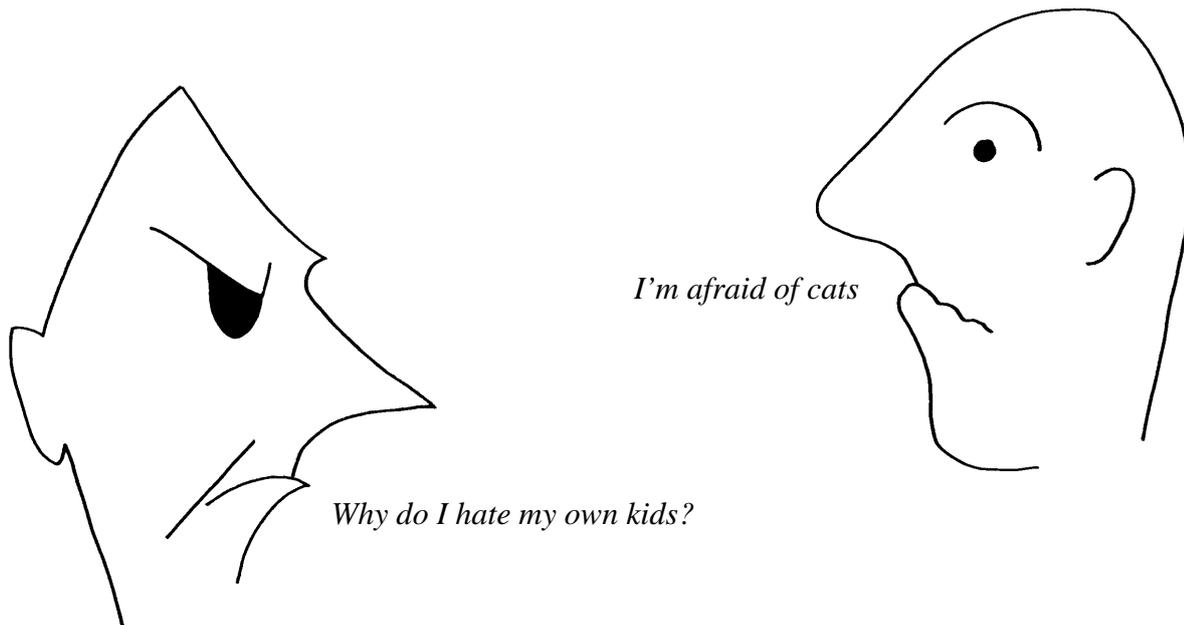
With auditing it is possible for a person to erase his reactive mind, and, therefore, its influence on his actions, thoughts and feelings.

An auditing session involves two people sitting across a table from each other. One person is a "preclear" (one who is working toward clearing his reactive mind). The other person is the "auditor," a highly skilled professional who directs the preclear's attention to certain areas, asks questions and listens to the answers.

Auditing permits a person to examine the source of reactive behavior (which has been hidden from him) and release himself from its influence.

### **Is Auditing The Same For Every Person?**

There are certain standard processes used for every preclear. However each person gives his own answers and receives his own benefits.



... because each person has his own particular problems to resolve.

Every auditor follows a specific program in which a preclear is taken through certain progressive steps.

Each new preclear begins with Dianetic auditing which erases past moments of loss, pain and unconsciousness, and results in a well and happy person.

The preclear may then take auditing through the grades of Scientology.

Grade 0 Releases a person from stops he has on communicating.

Grade I Releases him on problems.

Grade II Relieves him from hostilities and sufferings of life.

Grade III Gives the person freedom from upsets of the past.

Grade IV Helps a person move out of fixed conditions and gain abilities to do new things.

After grade IV, the preclear may attend one of the St. Hill organizations and one of the advanced organizations and complete the steps of erasing his reactive mind.

Over 2000 people are now clear. They are the sanest and most able people on earth.

### **Can't A Person Do This On His Own?**

No one ever has.

### **Is Auditing More Important Than Training?**

Auditing and training are of equal value. Ron Hubbard has estimated that a person gets about 50 percent of his gains from auditing; the other so percent comes from training.

Auditing removes the unwanted barriers within himself. Training teaches him methods for effectively handling his environment.

### What Is The First Step?

Read a book. We recommend you begin with **DIANETICS: THE MODERN SCIENCE OF MENTAL HEALTH. BY L. RON HUBBARD.**

### Why Does Scientology Have Its Own Words?

Because we do not want Scientology confused with other practices. For example, we could use “sub-conscious mind” for reactive mind; but this would confuse the subject with Freudian theory – which it is not. Although Freud apparently recognized the same hidden mind, Ron Hubbard’s research went beyond this point to recognition of the cause and the exact method of erasure.

Therefore, Ron Hubbard’s definition for this part of the mind is considerably more extensive than any previously used.

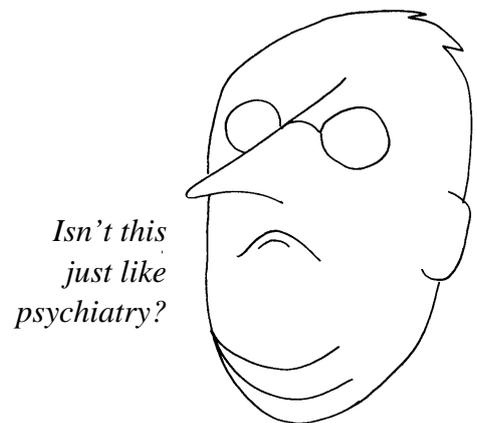
### Are Some People Against Scientology?

Yes, a few people. They fall into two classifications:

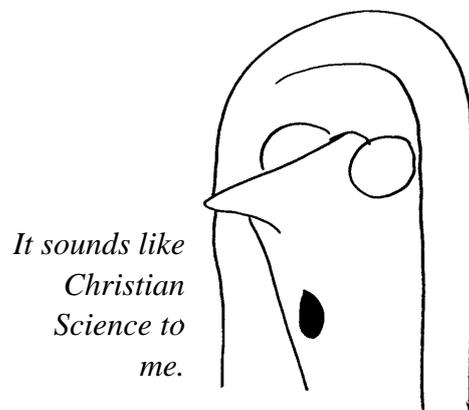
- 1) there is a certain type of person who actively attacks Scientology. He is frightened of anything which offers real enlightenment to mankind. We call such an individual a suppressive person.
- 2) most critical people simply do not understand Scientology. They confuse it with some other subject.



*I think it is  
self hypnosis*



*Isn't this  
just like  
psychiatry?*



*It sounds like  
Christian  
Science to  
me.*

Certain people are quicker than others in realizing that Scientology actually works.

One must be able to observe.

Study one principle of the philosophy of Scientology, then see if it works. Talk to people who have used Scientology. See if they have benefited.

The person who can *observe* is far superior in ability to the person who can only *think* about things.

One could think about Scientology for a hundred years...



...and he still wouldn't know whether or not it works.

### **What Are Scientologists Like?**

They are generally above average intelligence; they are healthy, interesting and fun. You usually feel a lift in the presence of a professional, especially if he or she is clear. It is simply more pleasant to be with a person who has no reactive mind.

We have many celebrities in Scientology – movie stars, writers, and musicians. There is an opera singer in her eighties and some well-known rock bands. There are students, housewives, space engineers artists and professional people.

### **Are There People Who Don't Need Scientology?**

There are people who don't need Scientology in order to survive or be successful. They could probably use it, however, if there is any way in which they wish greater fulfillment.

Of course, any person – no matter how successful – is vulnerable as long as he still has a reactive mind.

Throughout history man has fought bloody battles to win his freedom. Still he is not free. He is a slave to his reactive mind as long as he has one.

It is not enough to live in a “free”

Country; it is not enough to be a success. As long as man has a reactive mind, he can be subjected to its insane and unreasoning influence at any time.

Remember the rich and beautiful. Movie stars who have committed suicide at the peak of their careers, the wealthy tycoons who jumped out of windows rather than face the financial losses of the depression.

Some reactive minds will not permit success. Others cannot tolerate failure. Still others may drive a man berserk because his wife buys a new hat.

Man as a spiritual being, is far superior to his mind, but he must conquer one last battle – over his reactive mind – before he can call himself truly free.

### **Does Scientology Believe In Doctors?**

We certainly do. In fact, if a person has a physical disorder, we require that he have a complete medical examination (and begin any necessary treatment) before his auditing is started.

### **Do You Use Drugs?**

No; and (except in special cases) we do not process, a person who is taking drugs.

### **Is Auditing Hypnosis?**

No. In an auditing session, a preclear is fully awake and aware of everything that is happening.

Ron Hubbard's early research established that hypnosis can be extremely dangerous. So, its use is forbidden in Scientology practice.

### **What Are Clears Like?**

They are self-confident people, capable of developing any of their natural abilities.

Some people expect clears to be all alike – with no emotions and no personalities – but this is not the case.

A clear is not a robot; he is able to experience all emotions. In fact, he finds more pleasure in a balmy spring day, the scent of a flower, the challenge of a job to be done, the stimulation of a new friend.

It is the person who still has a reactive mind who may be the robot, for any chance circumstance may push the button which causes him to feel unwanted tiredness, depression, fear, anger or mentally caused aches and pains.



Clears come in all, kinds of sizes and shapes, each with his own personality; he is uniquely himself.



### **How Long Does It Take To Get Clear?**

It is possible to go clear within months after beginning. This depends, of course, upon the individual.

### **Is It Expensive?**

No clear thinks so.

Scientology is probably the best bargain on earth. It offers the person a chance to recover the zest for living that most of us lost somewhere in childhood.

If you can remember a time when you had life in the palm of your hand, when you liked people and they liked you, when you felt confident and cocky, when the world looked bright and shining, when you knew you could be or do anything – if you can remember that – you can have it again.

It's hard to say whether or not Scientology is expensive...



Who can put a price tag on **aliveness**?