

POSTULATES AND INTENTIONS THE DIFFERENCE

31 MARCH 1992

BELIEF (*noun*) 1. mental acceptance of something as true, whether based on reason, prejudice or the authority of the source. 2. an opinion; expectation; judgement.

POSTULATE (*noun*) 1. something taken for granted or assumed as a basis for reasoning; a fundamental principle; necessary condition. 2. a consideration generated by the Being; a self-created truth. 3. a self-created thought which shapes, forms or creates past, present or future existence. 4. a self-created idea or consideration on which intentions are based. *Example:* a woman considers or has the idea (postulates) that eating meat is not good for her body. Based on this consideration, she intends to not eat meat.

POSTULATE (*verb*) 1. to take for granted; assume without proof as a basis of reasoning; require as a fundamental principle or necessary condition. 2. to cause an idea or consideration. 3. to conclude, decide or resolve a problem or to set a pattern for the future or to nullify a pattern of the past.

CONSIDER (*verb*) 1. to think, believe, suppose, postulate. 2. originally, to look at carefully; regard attentively; examine. [Latin *considerare*, to look at closely, observe]

CONSIDERATION (*noun*) 1. a thought; a postulate about something. 2. a continuing postulate. 3. the highest capability of life, taking rank over the mechanics of the physical universe.

INTENTION (*noun*) 1. a command from the mind that helps to bring about a result. [Latin *intendere*, from *in-* toward + *tendere* stretch (the mind or thought)]

INTEND (*verb*) 1. to have in the mind as a purpose, plan; something to be done. 2. to hold an idea before the mind to its manifestation.

The words *postulate* and *intention* have generally been thought to be interchangeable; however, there is a distinct and fundamental difference between them.

A postulate is a belief about the way something is - a personal law out of which your reality is created, whether you are aware of it or not.

We have postulates about everything and only some of them are counter to our survival. To very few of them do we pay any attention. We just act as if they are true, as true as the law of gravity. Notice that we neither question nor think about the law of gravity, yet everything we do is based on it. It is a *given* which, in our every day lives we don't examine or set about to change in any way, yet we operate in alignment with it 100%. This is how it is with postulates. They are our *personal* laws and they have the same magnitude of influence on us as the law of gravity.

Out of our postulates comes our reality - the way our lives are. Some of these postulates are known to us and are easy to spot. Stop a moment now and think of some postulates you *know* you have. It may be something like, "It's better to be healthy than sick," or "Having enough money is important," or "Being bored isn't fun." When you are aware of a postulate, you can look at it with your analytical mind and see if it's rational and acceptable to you. If it is not, you can change it.

It is the postulates you have that you *don't know* you have that cause the trouble. Submerged in the subconscious mind are postulates, created during real or imagined threats to survival, that are outdated, illogical and a source of trouble; yet, ***they are still operating in full force.*** In running traumatic incidents you are bringing these postulates to conscious awareness where they can be re-examined and changed. In Clearing you are able to look for, examine and change the postulates you didn't know you had.

Let's say a person subconsciously had the postulate, "I don't deserve any time off." The person

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doesn't know he has that postulate, but will he have much time off? Not much. He doesn't think about or consider the issue. The postulate is like an automatic pilot; it thinks and considers FOR him.

Another example: a person has the postulate, "Pain lets me know I'm alive." As insane as it may be, and as counter-survival as it may be, yes, this person, via his subconscious mind, will attract a certain amount of pain in his life.

During a Clearing process, this postulate might rise to the surface. The person would see it and say, "Hey! That's crazy! I don't need pain to know I'm alive." In that moment of cogniting, the old postulate is as-is-ed, and the person consciously can make a new postulate in present time - one he's aware of and accepts as supportive to his survival.

How does a postulate conclude, decide or resolve the past, present or future? In order to discuss this, we first have to realize that everything is an illusion of some sort to begin with; it is our view or opinion of it, consideration about it, etc., that determines any qualities it has.

Something happened to you when you were five. Was it a good experience or bad? That is determined only by you. So right now, in present time, you can change the past by simply saying it's changed. You can't change what actually happened but what happened doesn't matter. The factor that has any effect on your life is, how do you *view* what happened? In order to change the past, all you need to do is change your opinion about it. And that opinion is the new postulate.

To intend is to want to achieve a particular goal. An intention could be something we want to *be*: "I want to be a cowboy when I grow up;" or something we want to *do*: "I will work hard so I can retire at 65;" or something we want to *have*: "I will have that parking space in front when I get to the store."

Every intention is preceded by a known or unknown postulate. All intentions are secondary to postulates. Intentions are about the doing of some-

thing while postulates are about the beingness of something.

Postulates compose the belief system that determines your reality. The conscious intentions a person has are based on his postulates. For example, a person would have to have a postulate like, "Cowboys are great people," or "Cowboys have good lives," before that person would intend to be a cowboy. Likewise, we've had intentions that were not in our best interest, but because of unknown postulates we had, we automatically had the intentions that align with those postulates.

You may have heard someone say, "I postulated that parking place in front of the store" or "I'm going to postulate a new job," etc. These are, in fact, *intentions*, not *postulates*.

The following are examples of postulates and the intentions a person might "logically" have as a result. After reading them, stop and think up 5 or 10 examples of your own.

Examples:

Postulate: It is good to have a lot of money.

Intention: I will save 10% of my income into a savings account.

Postulate: When I write, food helps me concentrate.

Intention: I'm going to keep some healthy snacks by my computer.

Postulate: It is unwise to jump out of an airplane without a chute.

Intention: I'm not jumping out of any planes without a chute!

Postulate: There are more crooks in the world than decent people.

Intention: I need to go to the hardware store and get those extra locks for every door in my house.

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Postulate: Too much sleep can make you a lazy failure.

Intention: I'm going to work on my project day and night till it's done.

There are some postulates that don't necessarily elicit *conscious* intentions; they create your reality for you and you are not aware of intending anything.

Some examples:

Postulate: Temperature changes cause colds and flu.

Postulate: If I am "too" happy, it makes other people feel bad.

Postulate: Living on the street in a cardboard box is not OK for me.

Postulate: A *real* family has at least 10 children.

Postulate: It's all hopeless.

Postulate: A life of struggle and effort means I'm a good person.

Postulate: Being critical proves you're smart.

Postulate: Things *never* turn out as good as you think they will.

Postulate: I'm ugly.

Postulate: Other people get what they want and I don't.

Postulate: Nobody loves me.

Postulate: Remembering the past is dangerous.

Postulate: No pain, no gain.

Postulate: Being overweight keeps me safe.

Next time you're out driving, take note of the car bumper stickers you see. Most often they are postulates. The owner of the car may think the bumper sticker is funny, but he (or she) is possibly revealing a hidden postulate that he might do well to reconsider! Some examples: "I owe, I owe, so off to work I go" and "Sh_t Happens." There are a myriad of others.

It is interesting to note that **Postulates** appear at Tone 30 on the Full Scale of Emotions directly below the highest tone, Tone 40, **Serenity of Beingness**. Postulates are the rules for the game, so to speak. And **Games** is right below **Postulates** at Tone 22. It seems that we made the rules, "forgot" we made them and so off we go, playing the Game of Life while forgetting that WE made up the rules and can change them any time!

Lacking the proper amount and levels of Clearing, you can't control the Game because of the subconscious postulates you have; you can only dramatize them.

The good news, of course, is that we do have excellent Clearing processes designed to handle this. However, the widespread misunderstood that postulates and intentions are interchangeable is a barrier, just as any misunderstood is.

Postulates and intentions are not the same. Postulates are considerations; they are conclusions the subconscious mind draws that it then converts to personal laws carved in stone!(unless changed by analytically inspecting them). Intentions are plans, things you put your attention on because you want a specific result. Intentions imply that you want to cause a particular effect. What effects you want to cause depends solely on your postulates.
