

ACTUAL GAME SPHERE - EXAMPLE # 1

Game Sphere: Self-Esteem & Self-Confidence

Theme: Giving Me a Boost

Major Archetype

Cleopatra

SRC: (or Core Belief, Safe Solution, etc.)

I'm OK with me

Opposite Archetype

Princess Diana

SRC: I do what I do because I don't have any other choice

Ally of Major Archetype

Wonder Woman

SRC: I'm the most powerful woman around

Ally of Opposite Archetype

A Married Woman

SRC: You can't have it both ways

Enemy of Major Archetype

Indira Gandhi

SRC: I'm living the way God wants me to

Enemy of Opposite Archetype

The Wicked Witch of the West

SRC: There's no REASON to do it right

ACTUAL GAME SPHERE - EXAMPLE # 2

Game Sphere: A Happy and Satisfying Career

Theme: To be happy, have enough money and be able to spend time with my family

Major Archetype

A Self-Employed Person

SRC: (or Core Belief, Safe Solution, etc.)
I don't have to take the
shit
you have to take

Opposite Archetype

A Person who's dependent
and can't think for them-
selves

SRC:
This is what I deserve

Ally of Major Archetype

The Assistant

SRC:
I'm only here for
awhile

Ally of Opposite Archetype

A Mate

SRC: If I can keep you
down,
I can keep control

Enemy of Major Archetype

Miss Overly Independent

SRC:
If I depend on anybody,
they'll let me down

Enemy of Opposite Archetype

Miss Independent

SRC:
I don't have to be
stuck in any situation
I don't desire

ACTUAL GAME SPHERE - EXAMPLE # 3

Game Sphere: Autonomy

Theme: To feel at peace with oneself

Major Archetype

A well-balanced
person

SRC: (Core Belief, Safe Solution, etc.)

No one cares as much as
I do

Opposite Archetype

A Lucille Ball

SRC: I 'm so disorganized
I can't do it any other
way

Ally of Major Archetype

A slightly disorganized
person

SRC:
You see, it's good to pro-
crastinate!

Ally of Opposite Archetype

A Zero Personality

SRC: I need other people but
I don't really care *who*
they are as long as they
accept ME

Enemy of Major Archetype

Someone in a pot of
shit

SRC: I don't give a shit
about anybody else
but myself

Enemy of Opposite Archetype

A Baptist
Minister

SRC: It is my responsibility
to keep other people in
line

ACTUAL GAME SPHERE - EXAMPLE # 4

Game Sphere: Introversion

Theme: Deer in the headlights

Major Archetype

A trusting person

SRC: (Core Belief, Safe Solution, etc.)
It's OK for people to hurt me as long as I don't hurt them back

Opposite Archetype

A thin, short, blond lesbian

SRC: I can be bad 'cause the world owes me

Ally of Major Archetype

A bookworm

SRC: If it weren't for me everything would fall apart

Ally of Opposite Archetype

Females with something to prove

SRC: I'll show you I'm just as good as a man

Enemy of Major Archetype

The Wizard of Oz Scarecrow on Speed

SRC: If I don't destroy other people, I'll die

Enemy of Opposite Archetype

A strictly female female

SRC: If men don't slobber over me, I'm doing something wrong

ACTUAL GAME SPHERE - EXAMPLE # 5

Game Sphere: Being Successful

Theme: Being Successful

Major Archetype

A person who can do no wrong

SRC: (or Core Belief, Safe Solution, etc.)

I'm going to be successful,
no matter what

Opposite Archetype

A Nice Guy

SRC:

As long as I'm nice,
I can succeed

Ally of Major Archetype

One intense son-of-a-bitch

SRC:

If I have to dominate you, I will

Ally of Opposite Archetype

A "Please Like Me" Person

SRC:

I'm good enough, I'm smart enough, and doggone it, people like me

Enemy of Major Archetype

A person who is gonna fuck up

SRC:

I'm a fuck-up

Enemy of Opposite Archetype

A Mean Mother-Fucker

SRC:

I hate People

ACTUAL GAME SPHERE - EXAMPLE # 6

Game Sphere: CONTROL
Theme: LETTING GO

Major Archetype

the Compulsive Person

SRC: (Core Belief, Safe Solution, etc.)

Get out of my way

Opposite Archetype

the Laissez-faire Person

SRC:

Everything's got the same importance and it's not very damn important!

Ally of Major Archetype

the Anal-retentive Person

SRC:

Controlling my environment allows me to be in control

Ally of Opposite Archetype

the Don't-give-a-damn Person

SRC:

Needing help is a sign of weakness

Enemy of Major Archetype

a Nit-picker

SRC:

My ideas are important;
Yours are NOT

Enemy of Opposite Archetype

the Zealous Reformer

SRC:

I 'm doing this for your own good

ACTUAL GAME SPHERE - EXAMPLE # 7

Game Sphere: Being Talented

Theme: I want to be great & famous

Major Archetype

an "Everybody look at ME"

SRC: (or Core Belief, Safe Solution, etc.)

I'm better than every-
body else

Opposite Archetype

A slimey, withholding
creep

SRC: I deserve this
more than any-
body else

Ally of Major Archetype

"I need your respect"

SRC: I know more than you bas-
tards know

Ally of Opposite Archetype

"I don't give a shit about
anyone"

SRC: I'm most important

Enemy of Major Archetype

El Saboteur

SRC: Don't worry
- I'll fuck
it up

Enemy of Opposite Archetype

A really sweet con-
siderate caring guy

SRC: Everyone should like
each other and be kind
to each other