

BOARD TECHNICAL BULLETIN
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CANCELS
HCOB BULLETIN OF 6 FEBRUARY 1960
SAME TITLE
(Originally issued as Sec E.D. in Washington DC)

EFFECT SCALE
(for use in Academy instruction)

The way a preclear receives an effect (effect tolerable on self) and the way he acts toward others, including the auditor (effect believed necessary on others) can be observed by an auditor and used to spot the preclear's Tone level, either chronic or temporary, on any or all dynamics.

These are some examples of what might be observed at different Tone levels.

ENTHUSIASM

EFFECT TOLERABLE ON SELF: Can receive large effects on self (the man who loses his fortune and bounces back). He is willing to receive other people's opinions, can accept large changes, he knows he has had a case change and is willing to change. He can accept defeats and will persist. Does not compulsively prevent effect on self.

EFFECT BELIEVED NECESSARY ON OTHERS: He has considerable ability to create effects on others but is not under compulsion to create effects, he is not compelled to affect other people's lives, he grants beingness, can tolerate differences in people.

CONSERVATISM

EFFECT TOLERABLE ON SELF: Not very willing to receive effects that change the status quo. Not willing to be questioned on some subjects, not willing to have other people's attention directed to him such as being pointed out in a crowd, wearing outstanding clothes, etc.

EFFECT BELIEVED NECESSARY ON OTHERS: Believes effects which preserve the status quo are necessary. Somewhat cautious about creating an effect, withholds those things he thinks might hurt your feelings, or that you might not approve of. Believes he should not create too much effect but should be "one of the crowd". Should respect the privacy of others.

BOREDOM

EFFECT TOLERABLE ON SELF: Will receive any effect which produces a pleasant randomness, wants to be entertained but otherwise doesn't like to be shifted. Can't be bothered with most ideas and puts off any action.

EFFECT BELIEVED NECESSARY ON OTHERS: Doesn't need to do anything about anything, no compulsion to do or not to do (no action either).

ANTAGONISM

EFFECT TOLERABLE ON SELF: Can tolerate effects on self up to a point. May be critical of changes, resent things happening to him. Doesn't want to be effect of certain things, others' opinions, actions, etc. and hurls back these effects from self by being critical.

EFFECT BELIEVED NECESSARY ON OTHERS: Feels he must make others the recipient of their own effects, compulsively must threaten others to protect self.

ANGER

EFFECT TOLERABLE ON SELF: Can't receive an effect on self and is fighting to ensure this. PC stuck in an anger incident may manifest this in his inability to receive changes, affinity, others' reality, communication, etc.

EFFECT BELIEVED NECESSARY ON OTHERS: Must destroy anything that tries to create effect on him.

COVERTNESS

EFFECT TOLERABLE ON SELF: Cannot tolerate much effect on self. Tries to slip out of being an effect by covert means. Gives the impression of taking an order, etc., while holding a destructive intent, and no intention to actually do it.

EFFECT BELIEVED NECESSARY ON OTHERS: Believes a large effect is necessary to handle others, is incapable of doing this in any other than a covert way. Must cause an effect but is unwilling to be known as the cause of bad effects. If accused of having created bad effects he will claim his intention was good. This PC will make excuses, will make all sorts of "conditions" in doing a process, will try to give an answer that will satisfy the auditor, without actually doing the command.

FEAR

EFFECT TOLERABLE ON SELF: This person can take so little effect that he runs from the slightest thing, jumps at a door slam, etc. A PC in FEAR will manifest this by stiffness, leaning back in his chair, whistling during a session (whistling in the dark), he may turn pale, shake, cold sweat, avoid answering questions, squirm, laugh nervously, try to get out of session, etc.

EFFECT BELIEVED NECESSARY ON OTHERS: Believes the effect he would have to create to overcome those things which overwhelm him is huge - so huge that he would rather go elsewhere than confront it. May make a lot of logical excuses to get out of being an effect (going upscale to covertness).

PROPITIATION

EFFECT TOLERABLE ON SELF: Very little, does "favors" to protect himself against bad effects. Will try to appease the auditor to avoid continuing the process.

EFFECT BELIEVED NECESSARY ON OTHERS: Propitiative actions.

GRIEF

EFFECT TOLERABLE ON SELF: Tolerable effect would be the acquisition of tokens of a better time. PC with grief "just under the surface" may not be able to tolerate direct questioning on his problem without getting a lump in his throat or being brought to tears.

Someone else's grief might be enough effect to cause him to cry. A rough word might not be tolerable.

EFFECT BELIEVED NECESSARY ON OTHERS: Believes that a large effect would have to be created to overcome his overwhelming opposition, but the idea of creating an effect on others produces the idea of loss and though he must create vast effects, he is very close to the idea that he cannot create ANY effect, thus the only thing he can do about it is cry.

APATHY

EFFECT TOLERABLE ON SELF: Can accept even less effect here. This is the "no effect case". Believes that everything is useless anyway, therefore nothing could make any difference on him. He will tell you that nothing is workable (apathetically).

EFFECT BELIEVED NECESSARY ON OTHERS: Believes that an infinite amount of effect must be created to get anything done. (That's why he is in apathy.)

This is the general outline of the Sub-Zero Scale:

SUB-APATHY: A state of disinterest, no affinity, no reality, no communication. There will be social machinery, valences, circuits, etc. but the pc himself will not be THERE.

As one proceeds down the Sub-Zero scale there is an increasing state of hallucinatory cause, wherein the theta considers that he is actually being more cause. This is the exact reverse of the situation. He is becoming more and more effect. Thus the mystic who is „causing“ things far away, etc.

In Sub-Apathy a person can tolerate considerable effects, APPARENTLY. This can fool you. the effects are not real and he does not experience them. While he believes all his effects must be created for him, he is unwilling to receive any.

As a person descends on the scale and becomes more and more in the state of Must-Create-Effects—Must-Receive-None, his ability to do either dwindles out.

REGRET, on the Sub-Zero scale could be expressed as „trying to undo effects“, thus being less effect.

BLAME, „effects done are wrong“.

SHAME, „effects one creates are unworthy, shouldn't have done it“.

EFFECT TOLERABLE ON SELF

40.0 Infinite, any effect tolerable on self.



0.0 None.

EFFECT BELIEVED NECESSARY ON OTHERS (i.e. to have reality on having created an effect)

40.0 Non compulsive. Knows he can create effects.



0.0 Has to create total effect to have reality on creating any effect.

SUB-ZERO:

EFFECT TOLERABLE ON SELF

0.0 No effect tolerable on self.



-8.0 No effect on self is real (i.e. perceived) but al causes *do* affect self. (Mockery of 40.0)

EFFECT BELIEVED NECESSARY ON OTHERS

0.0 Must cause total effect (although *can* cause little or no effect).



-8.0 Can actually cause nothing but „cause everything“ (unreality). E.g. „I caused the death of Pope Pius“, when speaker was 1.000 miles away.

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