0-IV EXPANDED GRADE PROCESSES - QUADS

PART E

GRADE 3 PROCESSES

This BTB gives a checklist of the Expanded Quad Grade Process commands. It is not all the possible processes for this level. If more are needed to attain full EP for this level additional processes can be found in LRH Bulletins, Books, Tapes, PABs and other issues.

Each process is run to its full end phenomena of F/N, Cog, VGIs. Any processes previously run are rehabbed or completed and any missing flows run.

A copy of this checklist is placed in the folder of a pc being run on Expanded Grades and the processes checked off with the date each is run to EP.

On any of these processes where the pc answers only yes or that he did it find out what it was by asking "What was it?" This keeps in the itsa line from the pc to auditor. (Ref: 30 June 62 HCOB)

THIS BTB DOES NOT REPLACE THE ORIGINAL SOURCE MATERIALS.

1. **CHANGE PROCESS**
    Ref: Creation of Human Ability, R2-25

    F1.   "What does another want changed about you?"
            "What does another want unchanged about you?"   alt to EP   _____

    F2.   "What do you want changed about another?"
            "What do you want unchanged about another?"   alt to EP   _____

    F3.   "What do others want changed about others?"
            "What do others want unchanged about others?"   alt to EP   _____

    F0.   "What do you want changed about yourself?"
            "What do you want unchanged about yourself?"   alt to EP   _____

2. **R2 - 50 CHANGING MINDS**
    Ref: Creation of Human Ability R2 - 50
    Both are done ambulant

            "Walk over to this spot."
            "Now decide you have to appear there."
            "Now change your mind and decide you have to disappear there."
            "Now change your mind and decide you have to appear there."   to EP   _____

"A note of warning: this does not work on interiorized preclears with any great value. This process can be used on a non-exteriorized thetan, however, and on those who are uneasily exteriorized, by having them stand in one place with an idea that they have to appear there, and then change their minds, and disappear there." LRH

3.   R2 - 63 ACCEPT-REJECT
Ref: Creation of Human Ability R2 - 63, p. 157

"Find something about yourself you can accept."   to EP   _____

THEN:

"Find something about yourself you can reject."   to EP   _____

THEN:

"Find something in this room you can accept."   to EP   _____

THEN:

"Find something in this room you can reject."   to EP   _____

THEN:

"Find something about this universe you can accept."   to EP   _____

THEN:

"Find something in this universe you can reject."   to EP   _____

4.   R2 - 65 ALTERATION
Ref: Creation of Human Ability R2 - 65, p. 159

PART A:

F1.   "Can you recall a time when you failed to change some energy in this Universe?"   to EP   _____

F2.   "Can you recall a time when another failed to change some energy in this Universe?"   to EP   _____

F3.   "Can you recall a time when others failed to change some energy in this Universe?"   to EP   _____

F0.   "Can you recall a time when you failed to change some energy of your own?"
                                                                          to
       EP   _____

PART B:

F1.   "Can you recall a time when you failed to change some space of another?"
                                                              to EP   _____

F2.   "Can you recall a time when another failed to change some space of yours?"
                                                              to EP   _____

F3.   "Can you recall a time when others failed to change some space of others?"
                                                              to EP   _____

F0.   "Can you recall a time when you failed to change some space of your own?
                                                              to EP"   _____

PART C:

F1.   "Can you recall a time when you failed to change another's body?"
                                                                              to EP   _____

F2.   "Can you recall a time when another failed to change your body?"
                                                                              to EP   _____

F3.   "Can you recall a time when others failed to change others bodies?"
                                                                              to EP   _____

F0.   "Can you recall a time when you failed to change your own body?"
                                                                              to EP   _____

NOTE: These Part C questions above are the ones you stress. "he may get nothing on space at all
         BUT such incidents are in his recall or space would not exist for him at all." LRH

PART D:

F1.   "Can you recall a time when another failed to change a memory of yours?"
                                                                              to EP   _____

F2.   "Can you recall a time when you failed to change a memory of another?"
                                                                              to EP   _____

F3.   "Can you recall a time when others failed to change memories of others?"
                                                                              to EP   _____

F0.   "Can you recall a time when you failed to change a memory of your own?"
                                                                              to EP   _____

PART E:

F1.   "Can you recall a time when another successfully changed something of
       yours?"   to EP   _____

F2.   "Can you recall a time when you successfully changed something of another?"
                                                                              to EP   _____

F3.   "Can you recall a time when others successfully changed something of
       others?"   to EP   _____

F0.   "Can you recall a time when you successfully changed something of your
       own?"   to EP   _____

5.   **R2 - 68 INCOMPREHENSIBILITY**
      Ref: Creation of Human Ability R2 - 68, p. 161

              "Spot something incomprehensible"   to EP   _____

6.   **HAS IV**
      Ref: HCOB 19 Jan 61 ADDITIONAL HAS PROCESSES

      F1.   "Get the idea of another changing you."
             "Get the idea of another not changing you."   to EP   _____

      F2.   "Get the idea of you changing another."
             "Get the idea of you not changing another."   to EP   _____

      F3.   "Get the idea of others changing others."
             "Get the idea of others not changing others."   to EP   _____

      F0.   "Get the idea of changing yourself."
             "Get the idea of not changing yourself."   to EP   _____

NOTE: "The C/S may add "something" (HAS IVa), "somebody" (HAS IVb), or a meter selected terminal (HAS IVc) to these commands at his discretion." LRH

7.   CHANGE, NO CHANGE & FAILED CHANGE
Ref: HCOB 30 Apr 61R CHANGE BRACKETS AND COMMANDS

PART A:

"Sort out 'Think' or 'Get the idea' by meters reaction. Use the one that produces most fall." LRH

"Think (get the idea) of a change."
"Think of a no-change."
"Think of a failed change."   Run in sequence 1,2,3,1,2,3,1,2,3 etc. to EP   _____

PART B:

"Recall a change."
"Recall a no-change."
"Recall a failed change."   Run in sequence 1,2,3,1,2,3,1,2,3 etc. to EP   _____

PART C:

F1.   "What change have you avoided?"
"What change have you sought?"   to EP   _____

F2.   "What change has another avoided?"
"What change has another sought?"   to EP   _____

F3.   "What change have others avoided?"
"What change have others sought?"   to EP   _____

F0.   "What change of yourself have you avoided?"
"What change of yourself have you sought?"   to EP   _____

F1.   "What no-change have you avoided?"
"What no-change have you sought?"   to EP   _____

F2.   "What no-change has another avoided?"
"What no-change has another sought?"   to EP   _____

F3.   "What no-change have others avoided?"
"What no-change have others sought?"   to EP   _____

F0.   "What no-change of yourself have you avoided?"
"What no-change of yourself have you sought?"   to EP   _____

F1.   "What failed change have you avoided?"
"What failed change have you sought?"   to EP   _____

F2.   "What failed change has another avoided?"
"What failed change has another sought?"   to EP   _____

F3.   "What failed change have others avoided?"
"What failed change have others sought?"   to EP   _____

F0.   "What failure to change yourself have you avoided?"
"What failure to change yourself have you sought?"   to EP   _____

PART D: 15 WAY BRACKET: CHANGE - NO CHANGE - FAILED CHANGE

1.   "How have you changed ____?" (something or somebody)
2.   "How has ____ tried to change you?"
3.   "How has ____ changed another?"
4.   "How has another changed ____?"
5.   "How has ____ changed (self)?"
5a.   "How have you changed yourself?"
6.   "What have you not changed?"
7.   "What has not changed you?"
8.   "What has not changed ____?"
9.   "What has ____ not changed?"
10.   "What has not changed self?"
10a.   "What have you not changed about yourself?"
11.   "What have you failed to change?"
12.   "What has failed to change you?"
13.   "What has ____ failed to change?"
14.   "What has failed to change ____?"
15.   "What has failed to change self?"
15a.   "What have you failed to change about yourself?"

Run Consecutively to F/N, Cog, VGIs.   _____

8.   R3H
Ref: HCOB 6 Aug R3H
        HCOB 1 Aug 68 THE LAWS OF LISTING AND NULLING)

F1.   "1.   Locate a change in life by L&N to BD F/N item:
                "What change has another caused in your life?"

       "2.   Get some data of it (don't run as an engram) so you know what the
                change was.

       "3.   Find out by assessment if this was a break in
                        Affinity
                        Reality
                        Communication
                        Understanding
       "4.   and have the pc examine that briefly.

       "5.   Taking the one found in '3' find out by assessment if it was
                        Curious about   ____
                        Desired   ____
                        Enforced   ____
                        Inhibited   ____
                        No   ____
                        Refused   ____ E/S ARC/B etc. to EP   _____

F2.   1.   Locate a change in another's life by L&N to BD F/N item:
                "What change have you caused in another's life?"

       2.   Get some data of it (don't run as an engram) so you know what
                the change was.

3. Find out by assessment if this was a break in
> Affinity
> Reality
> Communication
> Understanding

4. and have the pc examine that briefly.

5. Taking the one found in '3' find out by assessment if it was
> Curious about ____
> Desired ____
> Enforced ____
> Inhibited ____
> No ____
> Refused ____ E/S ARC/B etc. to EP _____

F3. 1. Locate a change by L&N to BD F/N item:
"What change have others caused in others lives?"

2. Get some data of it (don't run as an engram) so you know what the change was.

3. Find out by assessment if this was a break in
> Affinity
> Reality
> Communication
> Understanding

4. and have the pc examine that briefly.

5. Taking the one found in '3' find out by assessment if it was
> Curious about ____
> Desired ____
> Enforced ____
> Inhibited ____
> No ____
> Refused ____ E/S ARC/B etc. to EP _____

F0. 1. Locate a change by L&N to BD F/N item:
"What change have you caused in your own life?"

2. Get some data of it (don't run as an engram) so you know what the change was.

3. Find out by assessment if this was a break in

> Affinity
> Reality
> Communication
> Understanding

4. and have the pc examine that briefly.

5. Taking the one found in '3' find out by assessment if it was

> Curious about ____
> Desired ____
> Enforced ____
> Inhibited ____
> No ____
> Refused ____ E/S ARC/B etc. to EP _____

9. HAVINGNESS

F1. "What could another make unknown to you about that (room object)?" _____

F2. "What could you make unknown to another about that (room object)?" _____

F3. "What about that (room object) could someone make unknown to others?" _____

F0. "What about that (room object) could you make unknown to yourself?" _____