

Abridged Dictionary

AA: attempted abortion.

A=A=A=A: anything equals anything equals anything. This is the way the reactive mind thinks, irrationally identifying thoughts, people, objects, experiences, statements, etc., with one another where little or no similarity actually exists. Everything is everything else. Mr. X looks at a horse knows it's a house knows it's a schoolteacher. So when he sees a horse he is respectful.

aberration: a departure from rational thought or behavior. From the Latin, aberrare, to wander from; Latin, ab, away, errare, to wander. It means basically to err, to make mistakes, or more specifically to have fixed ideas which are not true. The word is also used in its scientific sense. It means departure from a straight line. If a line should go from A to B, then if it is aberrated it would go from A to some other point, to some other point, to some other point, to some other point, to some other point, and finally arrive at B. Taken in its scientific sense, it would also mean the lack of straightness or to see crookedly as, in example, a man sees a horse but thinks he sees an elephant. Aberrated conduct would be wrong conduct, or conduct not supported by reason. Aberration is opposed to sanity, which would be its opposite.

Acceptance level: the degree of a person's willingness to accept people or things freely, monitored and determined by his consideration of the state or condition that those people or things must be in for him to be able to do so.

Acknowledgment: something said or done to inform another that his statement or action has been noted, understood and received. "Very good," "okay," and other such phrases are intended to inform another who has spoken or acted that his statement or action has been accepted. An acknowledgment also tends to confirm that the statement has been made or the action has been done and so brings about a condition not only of communication but of reality between two or more people. Applause at a theater is an acknowledgment of the actor or act plus approval. Acknowledgment itself does not necessarily imply an approval or disapproval or any other thing beyond the knowledge that an action or a statement has been observed and is received.

action phrase: a word or phrase in an engram or lock which causes the individual to perform involuntary actions on the time track. See also command value.

affinity: degree of liking or affection or lack of it. Affinity is a tolerance of distance. A great affinity would be a tolerance of or liking of close proximity. A lack of affinity would be an intolerance of or dislike of close proximity. Affinity is one of the components of understanding.

See also ARC.

ally: someone who protects a person who is in a weak state and becomes a very strong influence over the person. The weaker person, such as a child, even partakes the characteristics of the ally so that one may find that a person who has, for instance, a bad leg, has it because a protector or ally in his youth had a bad leg. The word is from French and Latin and means to bind together.

alter-isness: the consideration which introduces change, and therefore time and persistence, into an asisness to obtain persistency. (One of the basic manifestations of alterisness is a lie or deceit: when someone lies he changes the truth into a lie in order to maintain the existence of the lie.) See also as-isness.

analytical mind: the conscious, aware mind which thinks, observes data, remembers it and resolves problems. It would be essentially the conscious mind as opposed to the unconscious mind. In Dianetics and Scientology the analytical mind is the one which is alert and aware and the reactive mind simply reacts without analysis.

See also reactive mind.

analyzer: the analytical mind.

anaten: an abbreviation of analytical attenuation, meaning diminution (lessening) or weakening of the analytical awareness of an individual for a brief or extensive period of time. If sufficiently great, it can result in unconsciousness. (It stems from the restimulation of an engram which contains pain and unconsciousness.) See also engram; restimulation

anchor points: dimension points which demark (limit) the outermost boundaries of a space or its corners. Anchor points, along with the viewpoint, are responsible for

space. An anchor point is a dimension point that stays rather still, to keep the space created. See also dimension; viewpoint.

apathy: a complete withdrawal from person or people. There is no real attempt to contact oneself and no attempt to contact others. A very docile and obedient, if sick, state of not-beingness. It is near death or an imitation of death. For example, a person in apathy would say, "What's the use? All is lost."

apparency: the way someone or something appears to be, where this is different from the way that they actually are.

arbitrary: something which is introduced into a situation without regard to the data of the situation.

ARC: a word made from the initial letters of Affinity, Reality and Communication, which together equate to Understanding. It is pronounced by stating its letters, A-R-C. To Scientologists it has come to mean good feeling, love or friendliness, such as, "He was in ARC with his friend." One does not, however, fall out of ARC; he has an ARC break. See also ARC break.

ARC break: a sudden drop or cutting of one's affinity, reality or communication with someone or something. Upsets with people or things come about because of a lessening or sundering (breaking apart) of affinity, reality or communication or understanding. It's called an ARC break instead of an upset, because if one discovers which of the three points of understanding have been cut, one can bring about a rapid recovery in the person's state of mind. See also ARC.

ARC triangle: a triangle which is a symbol of the fact that affinity, reality and communication act together as a whole entity and that one of them cannot be considered unless the other two are also taken into account. Without affinity there is no reality or communication. Without reality or some agreement, affinity and communication are absent. Without communication there can be no affinity or reality. It is only necessary to improve one corner of this very valuable triangle in Scientology in order to improve the remaining two corners. See also ARC.

as-is: to view anything exactly as it is, without any distortions or lies, at which moment it vanishes and ceases to exist. See also as-isness.

as-isness: the condition of immediate creation without persistence, and is the condition of existence which exists at the moment of creation and the moment of destruction, and is different from other considerations in that it does not contain survival.

assist: a simple, easily done process that can be applied to anyone to help them recover more rapidly from accidents, mild illness or upsets; any process which assists the individual to heal himself or be healed by another agency by removing his reasons for precipitating (bringing on) and prolonging his condition and lessening his predisposition (inclination or tendency) to further injure himself or remain in an intolerable condition.

See also Touch Assist.

attention: interest which has become fixed.

attention unit: a quantity of awareness existing in the mind. For example, when a person has a lot of attention on some incident, one could say he has a lot of attention units on that incident. See also

attention.

auditing: the application of Dianetics or Scientology processes and procedures to someone by a trained auditor. The exact definition of auditing is: The action of asking a person a question (which he can understand and answer), getting an answer to that question and acknowledging him for that answer.

auditor: a person trained and qualified in applying Dianetics and/or Scientology processes and procedures to individuals for their betterment; called an auditor because auditor means one who listens.

Auditor's Code: a collection of rules (do's and don'ts) that an auditor follows while auditing someone, which ensures that the preclear will get the greatest possible gain out of the processing that he is having. It was evolved from years of observing processing.

automaticity: something set up automatically to run without further attention from yourself. There are three kinds of automaticities: those which create things, those which make things persist and those which destroy things.

awareness: the ability to perceive the existence of.

axioms: statements of natural laws on the order of those of the physical sciences.

B

bank: see engram bank.

banky: being influenced by bank and displaying bad temper, irritability, lack of cooperation and the signs of dramatization; irrational. See also dramatization; engram bank.

basic: the first experience recorded in mental image pictures of a particular type of pain, sensation, discomfort, etc. The first engram on any chain of similar engrams. Basic is simply earliest. See also chain; engram.

basic-basic: the first engram on the time track. See also engram; time track.

basic personality: the individual himself. The basic individual is not a buried unknown or a different person, but an intensity of all that is best and most able in the person.

beefing up: a phrase which describes the sensation of increasing solidity of masses in the mind. When this occurs, we say "the bank is beefing up." See also mental mass.

beingness: the assumption or choosing of a category of identity. Beingness is assumed by oneself or given to oneself or is attained. Examples of beingness would be one's own name, one's profession, one's physical characteristics, one's role in a game-each and all of these could be called one's beingness. See also conditions of existence.

between-lives area: the experiences of a thetan during the time between the loss of a body and the assumption of another.

black panther mechanism: one of the five ways in which a human being reacts toward a source of danger. The term derives its name from an example given in the book *Dianetics: The Modern Science of Mental Health*: A particularly black-tempered black panther is sitting on the stairs and a man named Gus is sitting in the living room. Gus wants to go to bed. But there is the black panther. The problem is to get upstairs. There are five things that Gus can do about this panther: (1) he can go attack the black panther; (2) he can run out of the house and flee the black panther; (3) he can use the back stairs and avoid the black panther; (4) he can neglect the black panther; and (5) he can succumb to the black panther. These are the five mechanisms: attack, flee, avoid, neglect or succumb. All actions can be seen to fall within these courses.

blow: a colloquialism (informal expression) for a sudden departure. It is usually used to describe either the sudden dissipation (vanishing) of mass in the mind with an accompanying feeling of relief, or someone leaving, ceasing to be where he should really be, or just ceasing to be audited. See also mental mass.

body: the organized physical composition or substance of an animal or man, whether living or dead. The body is the thetan's communication center. It is a physical object. It is not the being himself. See also thetan.

boil-off: becoming groggy and seeming to sleep; some period of the person's life wherein he was unconscious has been slightly restimulated. See also restimulation.

book auditor: someone who has successfully applied Dianetics and/or Scientology from a book to help someone else and who has been certified for doing so.

Book One: *Dianetics: The Modern Science of Mental Health*.

bouncer: an engramic command (such as "Can't stay here" or "Get out!") which sends the preclear up the track toward present time. See also present time; time track.

Bridge, The: the route to Clear and OT, which we call the Classification, Gradation and Awareness Chart. It is a term originating in early Dianetics days to symbolize travel from unknowingness to revelation. See also Classification, Gradation and Awareness Chart.

bullbaiting: a method of drilling whereby a coach attempts to find certain actions, words, phrases, mannerisms or subjects that cause the student doing the drill to become distracted from the drill by reacting to the coach. As a bullfighter attempts to attract the bull's attention and control the bull, so does the coach attempt to attract and control the student's attention, however the coach flunks the student whenever he succeeds in distracting the student from the drill and then repeats the action until it no longer has any affect on the student.

button(s): items, words, phrases, subjects or areas that are easily restimulatable in an individual by the words or actions of other people, and which cause him discomfort, embarrassment or upset, or make him laugh uncontrollably. See also restimulation.

bypass circuit: see demon circuit.

bypassed charge: when one gets a lock, a lower, earlier incident restimulates. That is bypassed charge. It isn't the auditor bypassing it. One handled later charge that restimulated earlier charge. The auditor touches on A, and B goes into restimulation out of the pc's consciousness. This causes an irritated, ARC-breaky, upset feeling. The pc reacts very badly. He has been hit by a mystery. There is no apparent reason (to him) why he feels this way. This is what bypassed charge means. "Earlier charge restimulated and not seen" would be another name for it. See also ARC break; charge; restimulation.

C

can't have: a depriving of self or others of a substance or action or things.

case: a general term for a person being treated or helped. It also refers to his condition, which is monitored by the content of his reactive mind. A person's case is the way he responds to the world around him by reason of his aberrations.

case gain: the improvements and resurgences a person experiences from auditing; any case betterment according to the pc. See also case.

case supervision: referring to the actions of the Case Supervisor. The C/S is the auditor's "handler." He tells the auditor what to do, keeps him corrected, keeps the lines straight and keeps the auditor calm and willing and winning. The C/S directs

what auditing actions are done for each individual preclear under his care. All case supervision is for the benefit of the preclear.

Case Supervisor: see case supervision.

cause: could be defined as emanation (something coming forth from a source). It could be defined also, for purposes of communication, as source-point. See also communication.

cause-distance-effect: see communication.

cave in: a state of mental and/or physical collapse to the extent that individuals cannot function causatively. The individuals are quite effect. A US Western term which symbolized mental or physical collapse as like being at the bottom of a mine shaft or in a tunnel when the supports collapsed and left persons under tons of debris.

CCHs: (stands for Control, Communication, Havingness) processes which bring a person into better control of his body and surroundings, put him into better communication with his surroundings and other people, and increase his ability to have things for himself. They bring him into the present, away from his past problems.

chain: a succession of incidents, occurring at various intervals along the time track, that are related to one another by some similarity of either subject, general location, people or perception. Such a succession of similar incidents may span a brief period or a very long period of time. See also incident; time track.

charge: harmful energy or force accumulated and stored within the reactive mind, resulting from the conflicts and unpleasant experiences that a person has had. Auditing discharges this charge so that it is no longer there to affect the individual. See also reactive mind.

circuit: a part of an individual's bank that behaves as though it were someone or something separate from him and that either talks to him or goes into action of its own accord, and may even, if severe enough, take control of him while it operates. See also engram bank.

classification: an award earned by an auditor that entitles him to audit certain levels of processes, and that shows that he has attained the ability and skill to do so by actual test.

Classification, Gradation and Awareness Chart: the route to Clear and the OT states beyond, also called The Bridge to Total Freedom, or The Bridge. Classification means that there are certain actions required to be done or conditions to be attained before an individual is classified for a particular training level and allowed to progress up. Gradation means a gradual grade up, just as there are grades to a road or there are grades to steps. Awareness refers to one's own awareness, which improves as one progresses up. On the right side of this chart there are various steps called the States of Release. The left-hand side of the chart describes the very important steps of training on which one gains the knowledge and abilities necessary to deliver the Grades of Release to another. It is a guide for the individual from the point where he first becomes dimly aware of a Scientologist or Scientology and shows him how and where he should move up in order to make it. Scientology contains the entire map for getting the individual through all the various points on this gradation scale and for getting him across the Bridge to higher states of existence. See also Bridge, The; Grades of Release.

cleaning a clean: attempting to clean up or deal with something that has already been cleaned up or dealt with or that wasn't troublesome to the person in the first place.

Clear: the name of a state achieved through auditing or an individual who has achieved this state. A Clear is a being who no longer has his own reactive mind. A Clear is an unaberrated person and is rational in that he forms the best possible solutions he can on the data he has and from his viewpoint. The Clear has no engrams which can be restimulated to throw out the correctness of computation by entering hidden and false data.

coach: (verb and noun) to train intensively by instruction, demonstration and practice. In training drills, one twin (a student's study partner) is made the coach and the other the student. The coach, in his coaching actions, coaches the student to achieve the purpose of the drill. He coaches with reality and intention, following exactly the materials pertaining to the drill to get the student through it. When this is achieved the roles are then reversed-the student becoming the coach and the coach becoming the student.

co-audit: an abbreviation for cooperative auditing. It means a team of any two people who are helping each other reach a better life with Dianetics or Scientology processing.

Code of a Scientologist: a code which governs the activity of a Scientologist in general. It was evolved from many years of observation and experience and is subscribed to by leading Scientologists.

cog: cognition.

cognition: a new realization of life. Cognitions result in higher degrees of awareness and consequently greater abilities to succeed with one's endeavors in life.

comm: communication.

command value: a degree of authority, power or control over something. For example, a statement in an engram can exercise a command value over the analytical mind of an individual. See also action phrase; analytical mind; engram.

communication: the interchange of ideas across space. Its fullest definition is the consideration and action of impelling an impulse or particle from source-point across a distance to receipt-point, with the intention of bringing into being at the receipt-point a duplication and understanding of that which emanated from the source-point. The formula of communication is cause, distance, effect, with intention, attention and duplication with understanding. See also cause; effect.

communication bridge: an auditing procedure which closes off the process one is running, maintains ARC, and opens up the new process on which one is about to embark. It is used so that a pc will not be startled by change, for if one changes too rapidly in a session, one sticks the preclear in the session every time. He is given some warning, and that is what a communication bridge is for.

Communication Course: a Scientology course in which one gains the ability to effectively communicate with others.

communication lag: the length of time intervening between the asking of the question by the auditor and the reply to that specific question by the preclear. The question must be precise; the reply must be precisely to that question. It does not matter what intervenes in the time between the asking of the question and the receipt of the answer. The preclear may outflow, jabber, discuss, pause, hedge, disperse, dither or be silent; no matter what he does or how he does it, between

the asking of the question and the giving of the answer, the time is the communication lag.

communication line: the route along which a communication travels from one person to another; the line on which particles flow; any sequences through which a message of any character may go.

conditions of existence: there are three conditions of existence. These three conditions comprise life. They are Be, Do and Have. The condition of being is defined as the assumption (choosing) of a category of identity. An example of beingness could be one's own name. Another example would be one's profession. The second condition of existence is doingness. By doingness is meant action, function, accomplishment, the attainment of goals, the fulfillment of purpose or any change of position in space. The third condition is havingness. By havingness is meant owning, possessing, being capable of commanding, positioning, taking charge of objects, energies or spaces. These three conditions are given in an order of seniority (importance) where life is concerned.

confront: to face without flinching or avoiding. Confront is actually the ability to be there comfortably and perceive.

confusion: any jumble of things, communications, actions, thoughts, etc., that don't apparently make sense. More broadly, a confusion is random motion.

consideration: thinking, believing, supposing, postulating. Consideration is the highest capability of life, taking rank over the mechanics of space, energy and time.

control: the ability to start, change and stop things at one's own choice. (With processing, a person is capable of controlling a wider and wider sphere of things.)

See also cycle of action.

counseling: see pastoral counseling.

counter-effort: the effort of the environment (physical) against the individual. The individual's own effort is simply called effort. The efforts of the environment are called counter-efforts.

create: make, manufacture, construct, postulate, bring into beingness.

createcounter-create: to create something against a creation; to create one thing and then create something else against it, bringing about the destruction of the first creation.

create-create-create: create again continuously one moment after the next. This is survival.

See also create.

cut comm: cut (stop, halt) communication.

cycle: from the beginning to the conclusion of an intended action. See also cycle of action.

cycle of action: the sequence that an action goes through, wherein the action is started, is continued for as long as is required and then is completed as planned. See also control.

D

datum: anything of which one could become aware, whether the thing existed or whether he created it.

deaberrate: to remove aberration. See also aberration.

delusion: what one person thinks is, but others don't necessarily; a reality for one person out of agreement with others.

demon: a mechanical mechanism set up by an engram which takes over a portion of the analyzer and acts as an individual being. A bona fide demon is one who gives thoughts voice or echoes the spoken word interiorly or who gives all sorts of complicated advice like a real, live voice exteriorly. See also analyzer; circuit; demon circuit.

demon circuit: part of an engram which is set up and has a specific command. "You've got to control yourself" is typical of one of these circuits. See also circuit; demon.

denyer: an engramic command which, literally translated, means that the engram doesn't exist. "I'm not here," "This is getting nowhere," "I must not talk about it," "I can't remember," etc. A command which makes the preclear feel there is no incident present. See also incident.

destimulate: to settle out; to take away restimulation. See also restimulation.

Dianetics: Dianetics spiritual healing technology. It addresses and handles the effects of the spirit on the body and can alleviate such things as unwanted sensations and emotions, accidents, injuries and psychosomatic illnesses (ones that are caused or aggravated by mental stress). Dianetics means "through the soul" (from Greek dia, through, and nous, soul). It is further defined as "what the soul is doing to the body."

differentiation: the ability to "tell the difference" between one person and another, one object and another. It indicates a person is sane. As soon as he begins to confuse his wife with his mother, or his coat with his father's coat, he is on the road toward insanity.

dimension: the distance from the point of view to the anchor point that is in space; a measure of spatial extent, especially WIDTH, height or length. See also anchor points.

dissemination: spreading or scattering broadly. It comes from the Latin word disseminatus, which means "to scatter seed." When we talk about the dissemination of Dianetics and Scientology, we mean spreading information on Dianetics and Scientology broadly, using books, tapes and other works by L. Ron Hubbard.

DMSMH: Dianetics: The Modern Science of Mental Health.

doing(ness): the action of creating an effect. An effect in creation is action. See also conditions of existence.

downscale: down the Tone Scale; in a state of decreased awareness; into the lower-level emotions, such as apathy, anger, etc. See also apathy; Tone Scale.

dramatization: the duplication of engramic content, entire or in part, by an aberrant (aberrated person) in his present_time environment. Aberrated conduct is entirely dramatization. The degree of dramatization is in direct ratio to the degree of restimulation of the engrams causing it. When dramatizing, the individual is like an actor playing his dictated part and going through a whole series of irrational actions. See also aberration; engram; restimulation.

dub-in: any unknowingly created mental picture that appears to have been a record of the physical universe but is, in fact, only an altered copy of the time track. It is a phrase taken from the motion picture industry meaning to record dialogue and various sounds and then integrate them into the film after it has been shot.

dwindling spiral: a phenomenon of the ARC triangle whereby when one breaks some affinity, a little bit of the reality goes down, and then communication goes down, which makes it impossible to get affinity as high as before; so a little bit more gets knocked off affinity, and then reality goes down, and then communication. This is the dwindling spiral in progress, until it hits the bottom-death-which is no affinity, no communication and no reality. See also ARC triangle.

dynamic(s): there could be said to be eight urges (drives, impulses) in life. These we call dynamics. These are motives or motivations. We call them the eight dynamics. These are urges for survival as or through (1) self, (2) sex and family, (3) groups, (4) all mankind, (5) living things (plants and animals), (6) the material universe, (7) spirits, and (8) infinity or the Supreme Being.

E

effect: receipt-point and what is received at the receipt-point. See also cause; communication.

emotional tone: the general condition of an individual. See also Tone Scale.

end phenomena: those indicators in the pc and the meter which show that a chain or a process is ended. See also chain; indicators.

engram: a mental image picture which is a recording of an experience containing pain, unconsciousness and a real or fancied threat to survival. It is a recording in the reactive mind of something which actually happened to an individual in the past and which contained pain and unconsciousness, both of which are recorded in the mental image picture called an engram. It must, by definition, have impact or injury as part of its content. These engrams are a complete recording, down to the last accurate detail, of every perception present in a moment of partial or full unconsciousness.

See also mental image picture.

engram bank: the reactive mind, that portion of the mind which works on a stimulus-response basis

(given a certain stimulus it will automatically give a certain response) which is not under a person's volitional control and which exerts force and power over a person's awareness, purposes, thoughts, body and actions. It consists of locks, secondaries, engrams and chains of them and is the single source of human aberration and psychosomatic ills. See also aberration.

entheta: enturbulated theta (thought or life): it especially refers to communications which, based on lies and confusions, are slanderous, choppy or destructive in an attempt to overwhelm or suppress a person or group. See also enturbulated; theta.

enturbulated: turbulent or agitated and disturbed.

environment: one's surroundings; the material things around one; the area one lives in; the living things, objects, spaces and forces with which one lives whether close to or far away.

EP: end phenomena.

erase: to cause an engram to "vanish" entirely by recounting, at which time it is filed as memory and experience and ceases to be part of the reactive mind. See also engram; reactive mind.

ethical code: a code of certain restrictions indulged in to better the manner of conduct of life. A person conducts himself according to such a code because he wants to or because he feels he is proud enough or decent enough or civilized enough to so conduct himself. See also ethics.

ethics: the study of the general nature of morals and of the specific moral choices to be made by the individual in his relationship with others. Ethics is a personal thing. It is the actions the person takes on himself. See also morals.

evaluation: the imposing of data or knowledge upon another. An example would be to tell another why he is the way he is instead of permitting or guiding him to discover it for himself.

Expanded Lower Grades: each Grade is a series of processes which are run on a preclear with the purpose of bringing him to a particular state of Release. These are called "expanded" because they use all the processes of the level developed between 1950 and 1970 and are run on all four flows. The Expanded Lower Grades include Expanded ARC Straightwire(R) through Expanded Lower Grade IV, as given in the Classification, Gradation and Awareness Chart. See also Classification, Gradation and Awareness Chart; flow; Grades of Release.

exteriorization: the state of the thetan being outside his body. When this is attained, the person achieves a certainty that he is himself and not his body.

F

facsimile: a three-dimensional color picture with sound and smell and all other perceptions, plus the conclusions or speculations of the individual. See also memory; mental image picture; picture.

Factors: a summation of the considerations and examinations of the human spirit and the material universe completed between 1923 and 1953, by L. Ron Hubbard. The Factors can be found in the book Scientology O-8: The Book of Basics.

flat: said of a process or question that has been discharged of all bad reactions to the preclear. No longer producing change or a reaction.

flatten: to carry on with (a process or question) until it no longer produces a reaction.

flow: a progress of energy between two points; an impulse or direction of energy particles or thought or masses between terminals; the progress of particles or impulses or waves from Point A to Point B. The four flows used in processing are flow one, something happened to self; flow two, doing something to another; flow three, others doing things to others; flow zero, self doing something to self.

G

game: a contest of person against person or team against team. A game consists of freedoms, barriers and purposes, and there is a necessity in a game to have an opponent or an enemy. Also there is a necessity to have problems, and enough individuality to cope with a situation. To live life fully, then, one must have in addition to "something to do," a higher purpose, and this purpose, to be a purpose at all, must have counter-purposes or purposes which prevent it from occurring.

games condition: a condition which consists of fixated attention, an inability to escape coupled with an inability to attack, to the exclusion of other games. See also game.

generality: a general or nonspecific statement which is applicable to all. Used in Scientology to mean a statement made in an effort either to hide cause or to overwhelm another person. A generality would be a statement such as "Everybody thinks . . ."

genetic entity: that beingness not dissimilar to the thetan that has carried forward and developed the body from its earliest moments along the evolutionary line on Earth and which, through experience, necessity and natural selection, has employed the counter-efforts of the environment to fashion an organism of the type best fitted for survival, limited only by the abilities of the genetic entity. The goal of the genetic entity is survival on a much grosser plane of materiality (concerning the material or physical). Abbreviation: GE. See also counter-effort; thetan.

genetic line: the protoplasm (essential living matter of cells) line. It consists of the total of incidents which have occurred during the evolution of the body itself. See also genetic entity.

Grade(s): a series of processes which are run on a preclear with the purpose of bringing him to a particular state of Release. See also Grades of Release; Release.

Grades of Release: (a)

Expanded ARC Straightwire: Recall Release; (b)

Grade 0: Communications Release; (c)

Grade I: Problems Release; (d)

Grade II: Relief Release; (e)

Grade III: Freedom Release; (f)

Grade IV: Ability Release; (g)

Grade V: Power Release; (h)

Grade VA: Power Plus Release; (i)

Grade VI: Whole Track Release; (j)

Grade VII: a Grade VII is not a Release Grade. It is a Clear, a being who no longer has his own reactive mind. A complete list of the abilities gained for each of these Grades of Release can be found in the book *Scientology O-8: The Book of Basics*. See also Clear; Release.

gradient: a gradual approach to something, taken step by step, level by level, each step or level being, of itself, easily surmountable-so that, finally, quite complicated and difficult activities or high states of being can be achieved with relative ease. This principle is applied to both Scientology processing and training.

gradient scale: (also called a graduated scale) a scale of condition graduated from zero to infinity. On a scale of survival, everything above zero or center would be

more and more survival, approaching an infinite survival (immortality), and everything below zero or center would be more and more nonsurvival, approaching an infinite nonsurvival (death). Absolutes are considered to be unobtainable.

grief charge: an outburst of tears that may continue for a considerable time, in a session, after which the preclear feels greatly relieved. This is occasioned by the discharge of grief or painful emotion from a secondary. See also secondary.

grind: go over and over and over and over a lock, secondary or engram without obtaining an actual erasure. A Dianetics auditor who puts a pc through an incident four or five times without erasure or appreciable reduction is encountering "grinding." See also engram; erase; lock; secondary.

group processes: auditing techniques administered to groups of children or adults by a Group Auditor.

H

handle: finish off, complete, end cycle on.

happiness: the overcoming of not unknown obstacles toward a known goal and, transiently (passing quickly or soon), the contemplation of, or indulgence in, pleasure.

havingness: the concept of being able to reach. By havingness is meant owning, possessing, being capable of commanding, taking charge of objects, energies and spaces. See also conditions of existence.

hidden standard: a problem a person thinks must be resolved before auditing can be seen to have worked. It is a standard by which a person judges Scientology or auditing or auditors.

high-toned beings:

individuals who are high on the Tone Scale. They think wholly into the future. They are extroverted toward their environment. They clearly observe the environment with full perception unclouded by undistinguished fears about the environment. They think very little about themselves but operate automatically in their own

interests. They enjoy existence. Their calculations are swift and accurate. They are very self-confident. They know they know and do not even bother to assert that they know. They control their environment. See also Tone Scale.

holder: any engram command which makes an individual remain in an engram knowingly or unknowingly. These include such things as "Stay here," "Sit right there and think about it," "Come back and sit down," "I can't go," "I mustn't leave," etc. See also engram.

I

identification: the inability to evaluate differences in time, location, form, composition or importance.

implant: an enforced command or series of commands installed in an individual's reactive mind below his awareness level to cause him to react or behave in a prearranged way without his "knowing it." See also reactive mind.

incident: an experience, simple or complex, related by the same subject, location, perception or people that takes place in a short and finite time period such as minutes, hours or days; also, mental image pictures of such experiences. See also mental image picture.

indicators: those manifestations in a person or group that indicate whether it is doing well or poorly, signal an approaching change, or show that the auditing process has reached the desired end point.

individuation: a withdrawal out of groups and into only self. The mechanics of individuation are first, communication into, and then, refusal to communicate into.

intelligence: the ability to perceive, pose and resolve problems.

intensive: a specific number of hours of auditing given to a preclear over a short period of time, as a series of successive sessions at regularly scheduled intervals. As an example, modern auditing is sold and delivered in 121/2-hour intensives.

intention: something that one wishes to do or intends to do. Intention is an impulse toward something; an idea that one is going to accomplish something. It's intentional, which means one means to do it.

introversion: a looking in too closely; having one's attention and interest directed upon oneself.

invalidation: refuting or degrading or discrediting or denying something someone else considers to be fact.

isness: an apparency of existence brought about by the continuous alteration of an as-isness. This is called, when agreed upon, reality. See also as-isness.

J

justification:

explaining away wrongnesses. Most explanations of conduct, no matter how far-fetched, seem perfectly right to the person making them since he or she is only asserting self-rightness and other-wrongness.

K

key-in: a moment when the environment around the awake but fatigued or distressed individual is itself similar to the dormant (inactive) engram. At that moment the engram becomes active. See also engram.

key-out: a release or separation from the reactive mind or some portion of it. See also reactive mind.

KRC triangle: the upper triangle in the Scientology symbol. The points are K for knowledge, R for responsibility, and C for control. It is difficult to be responsible for something or control something unless you have knowledge of it. It is folly to try to control something or even know something without responsibility. It is hard to fully know something or be responsible for something over which you have no control, otherwise the result can be overwhelm. Little by little one can make

anything go right by increasing Knowledge on all dynamics, increasing Responsibility on all dynamics, increasing Control on all dynamics. See also dynamic(s).

L

level: a training step on the Grade Chart which one does for classification. He is then eligible to deliver the auditing grade represented by that level. See also Classification, Gradation and Awareness Chart.

level of awareness: that of which a being is aware. (This can be established by finding which general condition of existence he is most aware of, as shown and plotted in the Awareness Characteristics column of the Classification, Gradation and Awareness Chart.) See also Classification, Gradation and Awareness Chart.

Life Repair: a series of auditing actions run on a preclear who is starting out in auditing for the first time. Life Repair would address such things as rough spots in life, periods which the preclear may feel bad about, areas of overwhelm, etc.

line charge: a period of sudden laughter, often uncontrollable, that a preclear experiences in a session and that results from the relief of painful emotion. See also charge.

lines: communication lines, the routes along which communications travel from one person to another; the lines on which particles flow.

livingness: the activity of going along a certain course, impelled (driven) by a purpose and with some place to arrive.

lock: a mental image picture of a nonpainful but disturbing experience the person has had, which depends for its force on earlier secondaries and engrams which the experience has restimulated (stirred up). See also engram; mental image picture; secondary.

Logics: a method of thinking. They apply to any universe or any thinking process. They are the forms of thought behavior which can, but do not necessarily have to, be used in creating universes. The Logics can be found in the book Scientology 0-8: The Book of Basics.

LRH: L. Ron Hubbard.

lumbosis: a made-up name for a disease, coined by LRH and used humorously in many of his lectures and writings.

M

machine: an actual machine in the mind (like ordinary machinery), constructed out of mental mass and energy, that has been made by the individual to do work for him, usually having been set up so as to come into operation automatically under certain predetermined circumstances. See also mental mass.

mass: seemental mass.

mechanics: referring to space, energy, objects and time. When something has those things in it, it constitutes something mechanical.

memory: any facsimiles of consciously perceived data which can be recalled by the individual. See also facsimile.

mental image picture: a copy of the physical universe as it goes by; we call a mental image picture a facsimile when it is a "photograph" of the physical universe sometime in the past. We call a mental image picture a mock-up when it is created by the thetan or for the thetan and does not consist of photographs of the physical universe. We call a mental image picture a hallucination, or more properly an automaticity (something uncontrolled), when it is created by another and seen by self. See also automaticity; facsimile.

mental mass: the mass contained in the mental image pictures (facsimiles) in the reactive mind. See also mental image picture; reactive mind.

mest: the physical universe. A word coined from the initial letters of Matter, Energy, Space and Time, which are the component parts (elements) of the physical universe. Also used as an adjective to mean "physical"-as in "mest universe," meaning the "physical universe."

mind: a control system between the thetan and the physical universe. The mind is not a brain. See also analytical mind; thetan.

misdirector: a command in an engram which sends the preclear in the wrong direction, makes him go earlier when he should be going later or go later when he should go earlier, etc. "You can't go back at this point," "You're turned around," etc. See also engram.

misemotion: a coined word in Dianetics and Scientology, often used loosely to refer to anything that is unpleasant emotion, such as antagonism, anger, fear, grief, apathy or a death feeling. The full meaning of misemotion is an emotion or emotional reaction that is inappropriate to the present time situation. It is taken from mis-(wrong) + emotion. To say that a person was misemotional would indicate that the person did not display the emotion called for by the actual circumstances of the situation. Being misemotional would be synonymous with being irrational. One can fairly judge the rationality of any individual by the correctness of the emotion he displays in a given set of circumstances. To be joyful and happy when circumstances call for joy and happiness would be rational. To display grief without sufficient present time cause would be irrational.

missed withhold: an undisclosed contrasurvival act which has been restimulated by another but not disclosed. This is a withhold which another person nearly found out about, leaving the person with the withhold in a state of wondering whether his hidden deed is known or not. See also restimulation; withhold.

moral code: a series of agreements to which a person has subscribed (agreed, consented) to guarantee the survival of a group.

morals: a code of good conduct laid down out of the experience of the race to serve as a uniform yardstick for the conduct of individuals and groups. Morals are actually laws.

motivator: an aggressive or destructive act received by the person or one of the dynamics. The reason it is called a motivator is because it tends to prompt that one pays it back-it "motivates" a new overt. See also dynamic(s); overt act.

M/U: misunderstood word.

N

natter: to find fault with; gripe. In Scientology, if a person is nattering about somebody, one knows the person has overts on that somebody. See also overt act.

necessity level: a person's ability to rise above his aberrations when his action is required to handle an immediate and serious threat to his survival. See also aberration.

no-games condition: a totality of barriers or a totality of freedom. See also game; games condition.

not-isness: the effort to handle isness by reducing its condition through the use of force. It is an apparency and cannot entirely vanquish an isness. See also apparency; isness.

O

Objective Process: objective refers to outward things, not the thoughts or feelings of the individual. An Objective Process deals with the real and observable. It calls for the preclear to spot or find something exterior to himself in order to carry out the auditing command. It locates the person in his environment, establishes direct communication with the auditor, and brings a person to present time, a very important factor in mental and spiritual sanity and ability. See also present time.

obnosis: observation of the obvious. The only way one sees anything is by observing the obvious: one looks at the isness of something, at what is actually there. Fortunately, the ability to obnose is not in any sense "inborn" or mystical. It is easily regained and improved through Scientology. See also isness.

obsessive communication: an outflow which is not pertinent to the surrounding persons or situation. An outflow of communication which is not in reality with the existing reality. See also reality.

occlusion: any part of a person's memories that is hidden on the time track and is not available to conscious recall except through processing. See also time track.

Operating Thetan (OT): it is a state of beingness. It is a being "at cause over matter, energy, space, time, form and life." Operating comes from "able to operate

without dependency on things," and Thetan is the Greek letter Theta (Θ), which the Greeks used to represent thought or perhaps spirit, to which an n is added to make a noun in the modern style used to create words in engineering. It is also On or "theta to the nth degree," meaning unlimited or vast. Abbreviation: OT.

optimum solution: the solution which brings the greatest benefit to the greatest number of dynamics. The infinitely perfect solution would be one which brought infinite survival on all dynamics. See also dynamic(s).

OT: Operating Thetan.

other-determinism: the condition of having one's actions or conclusions determined by something or someone other than oneself.

overrun: continue a process or a series of processes past the optimum point. See also end phenomena.

overt act: an act of omission or commission which does the least good for the least number of dynamics or the most harm to the greatest number of dynamics. It is that thing which you do which you aren't willing to have happen to you. See also dynamic(s).

overtmotivator sequence: when a person commits an overt, he will then believe he's got to have a motivator or that he has had a motivator. For instance, if he hits somebody he will tell you immediately that he has been hit by the person, even when he has not been. See also motivator; overt act.

P

pan-determinism: the willingness to start, change and stop two or more forces, whether or not opposed, and this could be interpreted as two or more individuals, two or more groups, two or more planets, two or more life species, two or more universes, two or more spirits, whether or not opposed. This means that one would not necessarily choose sides.

para-Scientology: a category of data in Scientology which includes all greater or lesser uncertainties and questionable things; things in Scientology of which the common, normal observer cannot be sure with a little study.

pastoral counseling: counseling delivered by a pastor (minister) of the church. Also called auditing or processing. See also auditing; processing.

pc: preclear.

perceptics: sense messages.

physical universe: the universe of matter, energy, space and time. It would be the universe of the planets, their rocks, rivers and oceans, the universe of stars and galaxies, the universe of burning suns and time. See also mest; universe.

picture: an exact likeness of something; a copy or representation of a thing, not the thing itself. An image or mental image of something. See also facsimile; mental image picture.

pleasure moment: mental image pictures containing pleasure sensations. See also mental image picture.

postulate: a conclusion, decision or resolution made by the individual himself; to conclude, decide or resolve a problem or to set a pattern for the future or to nullify a pattern of the past.

potential trouble source: someone who is connected with a suppressive person who is invalidating him, his beingness, his processing, his life; someone connected to a person or a group opposed to Scientology. This connection results in illness and roller coaster (gets better, then gets worse). Processing would work with such a person for a moment, then wouldn't work. One can't audit this person up faster than the environment knocks him down. Because the case doesn't get well, he is a potential trouble source to Scientology organizations, to others and to himself. See also suppressive person or group.

preclear: a spiritual being who is now on the road to becoming Clear, hence pre-Clear.

Prelogics: see Qs.

prenatal: a Dianetics term used to denote (refer to) an engram which is received before birth. See also engram.

pre-OT: a thetan beyond the state of Clear who, through the pre-OT levels, is advancing to the full state of Operating Thetan (OT). See also Clear; Operating Thetan; pre-OT levels; thetan.

pre-OT levels: the advanced auditing levels after Clear and preparatory to the actual OT levels which begin at New OT VIII. The pre-OT levels are New OT I through New OT VII. See also Clear; Operating Thetan.

present time: the time which is now and which becomes the past almost as rapidly as it is observed. It is a term loosely applied to the environment existing in now, as in "The preclear came up to present time," meaning the preclear became aware of the present environment. See also environment.

present time problem: a special problem that exists in the physical universe "now" on which the pc has his attention fixed. It is any set of circumstances that so engages the attention of the preclear that he feels he should be doing something about it instead of being audited.

process: a set of questions asked or commands given by an auditor to help a person find out things about himself or life and to improve his condition.

processing: the application of Dianetics or Scientology processes to someone by a trained auditor. The exact definition of processing is: The action of asking a preclear a question (which he can understand and answer), getting an answer to that question and acknowledging him for that answer. Also called auditing.

propitiation: a level of the Tone Scale at which one attempts to appease or buy off some danger or imagined danger.

psychosomatic: psycho refers to mind and somatic refers to body; the term psychosomatic means the mind making the body ill or illnesses which have been created physically within the body by derangement of the mind.

PTP: present time problem.

PTS: potential trouble source.

Purification Rundown: a special rundown (series of specific actions done on a case) designed to purify and clean out of one's system the restimulative drug or chemical residues which could act to prevent case gain from Dianetics or Scientology processing. Abbreviation: Purif. See also case gain; restimulation.

Q

Q and A: (noun) the practice of asking a question about a pc's answer, i.e., the auditor asks a question, the pc answers, the auditor asks a question about the answer. This is the chief auditor fault, as it is giving session control over to the pc. The auditor following only the pc's lead is giving no auditing and the pc is left on "self-audit." Here is a wrong example of auditing:

Auditor:

"How are you?" Pc:

"Awful." Auditor:

"What's wrong?"

Here is a right example:

Auditor:

"How are you?" Pc:

"Awful." Auditor:

"Thank you."

(verb) act indecisively; fail to make up one's mind. Technically, to Q-and-A means to ask a question about a pc's answer. But it is often used nontechnically in "Scientologese" as noted above.

Qs: knowledge is a pyramid, and knowledge as a pyramid has a common denominator which evaluates all other data below it. At the top point of this pyramid is what could be called a Q, and it could also be called a common denominator. It is in common to every other datum in this pyramid full of data. The Qs are the highest echelon from which all other things are derived. Q comes from quod in Q.E.D. (quod erat demonstrandum), meaning "which was to be shown or demonstrated," used specifically in mathematical proofs. The Qs can be found in the book Scientology O-8: The Book of Basics.

R

randomity: a consideration of motion. There is plus randomness and minus randomness. There can be, from the individual's consideration, too much or too little motion, or enough motion. "Enough motion" is measured by the consideration of the individual.

rationalization: justification; making excuses to explain irrational behavior. See also justification.

reactive: irrational, reacting instead of acting; thinkingness or behavior dictated by the reactive mind rather than the individual's own present time determinism. See also reactive mind.

reactive mind: that portion of a person's mind which works on a totally stimulus-response basis, which is not under his volitional control and which exerts force and the power of command over his awareness, purposes, thoughts, body and actions. The reactive mind is where engrams are stored. See also engram; stimulus-response.

reality: the solid objects, the real things of life; the degree of agreement reached by two people. See also ARC triangle.

recall: an auditing procedure which has the preclear think of, remember or put his attention on something that happened in the past-all done from present time. See also present time.

rehabilitation: the restoration of some former ability or state of being or some more optimum condition.

Release: the term for what occurs when a person separates from his reactive mind or some part of it. The degree and relative permanence of being pulled out of the reactive mind determines the state of Release. There are a number of states or stages of Release and these are called *Grades*. See also *Expanded Lower Grades*; *Grades*.

religious philosophy: a term which implies study of spiritual manifestations; research on the nature of the spirit and study on the relationship of the spirit to the body.

repair: patching up past auditing or recent life errors.

repeater technique: a Dianetics auditing technique given in the book *Dianetics: The Modern Science of Mental Health* in which the auditor would have the preclear repeat over and over certain phrases found in engrams being run. See also *engram*.

repetitive processing: auditing in which a process is run over and over again, with the same question of the pc. The pc answers the question and the auditor acknowledges him. The process is run until it is flat. See also *flat*.

responsibility: the concept of being able to care for, to reach or to be; the ability and willingness to be cause. To accept responsibility for something is to accept that one operated as cause in the matter. It should be clearly distinguished from such lower-level considerations as blame or praise, which include the further evaluation of the goodness or badness of the thing caused.

restimulation: reactivation of a past memory due to similar circumstances in the present approximating circumstances of the past. See also *key-in*.

restimulator: anything in the individual's surroundings which is sufficiently similar to something in his reactive mind that it causes part of his reactive mind to become restimulated. See also *reactive mind*; *restimulation*.

reverie: a light state of "concentration" not to be confused with hypnosis; in reverie the person is fully aware of what is taking place.

R-factor: reality factor. It is the action of the auditor telling the pc what the auditor is going to do at each new step. This gives the pc more reality on what is occurring in the auditing session.

ridge: a solid accumulation of old, inactive energy suspended in space and time. It is generated by opposing energy flows which hit one another, and continues to exist long after the energy flows have ceased. See also flow.

routine: a standard process. See also process.

rudiments: those steps or actions used to get the pc in shape to be audited in that session. For auditing to take place at all the pc must be "in- session" which means: (1) willing to talk to the auditor, (2) interested in own case. Rudiments are actions done to accomplish this.

ruds: rudiments.

run: to administer or undergo a process or auditing action.

rundown: a series of steps which are auditing actions and processes designed to handle a specific aspect of a case and which have a known end phenomena. Example: Scientology Drug Rundown. See also end phenomena.

S

sanity: the ability to recognize differences, similarities and identities. The legal definition of sanity is the "ability to tell right from wrong." The better one can tell differences, the more rational he is. The less one can tell differences, no matter how minute, and know the WIDTH of those differences and the closer one comes to thinking in identities ($A=A$), the less sane he is. See also $A=A=A=A$.

Scientologist: one who knows he has found the way to a better life through Scientology and who, through Scientology books, tapes, training and processing, is actively attaining it.

Scientology: Scientology applied religious philosophy. It is the study and handling of the spirit in relationship to itself, universes and other life. Scientology means scio, knowing in the fullest sense of the word and logos, study. In itself the word means literally knowing how to know. Scientology is a "route," a way, rather than a dissertation or an assertive body of knowledge. Through its drills and studies one may find the truth for himself. The technology is therefore not expounded as something to believe, but something to do.

Scientology Drug Rundown: a rundown (series of auditing actions) which uses Scientology auditing techniques to handle the harmful effects of drugs, medicine and alcohol on a case. This rundown extroverts a person, brings him into present time, and allows him to experience the relief and expansion available to one who has been freed from the influence of drugs. See also case; rundown.

secondary: also called secondary engram. A period of anguish brought about by a major loss or threat of loss to the individual. The secondary engram depends for its strength and force upon physical-pain engrams which underlie it. See also engram.

second dynamic: see dynamic(s).

self-determinism: that state of being wherein the individual can or cannot be controlled by his environment according to his own choice. He is confident about any and all abilities or talents he may possess. He is confident in his interpersonal relationships. He reasons but does not need to react.

service facsimile: a computation generated by the individual to make self right and others wrong, to dominate or escape domination and to enhance own survival and injure that of others. This computation will cause the individual to deliberately hold in restimulation selected parts of his reactive mind to explain his failures in life. For example, a person may keep an old injury in restimulation so that his family has to look after him. See also facsimile; reactive mind; restimulation.

session: a precise period of time during which an auditor audits a preclear.

significance: a word which is used in the special sense to denote any thought, decision, concept, idea, purpose or meaning in the mind in distinction to its masses. (The mind is basically composed of masses and significances.) See also mental mass.

solid communication line: a communication line is the route along which a communication travels from one person to another; the line on which particles flow. A solid communication line is one requiring solid contact, such as the auditor's hand in the preclear's hand or the preclear's hand in his.

somatic: a physical pain or discomfort of any kind. The word somatic means, actually, bodily or physical. Because the word pain is restimulative, and because the word pain has in the past led to a confusion between physical pain and mental pain, somatic is the term used in Dianetics instead. See also restimulation.

somatic mind: that mind which takes care of the automatic mechanisms of the body, the regulation of the minutiae (precise details) which keep the organism running.

sonic: the recall of something heard, so that it is heard again in the mind in full tone and strength.

soul: the living unit which operates the body. See also thetan.

SP: suppressive person.

space opera: of or relating to time periods on the whole track millions of years ago which concerned activities in this and other galaxies. Space opera has space travel, spaceships, spacemen, intergalactic travel, wars, conflicts, other beings, civilizations and societies, and other planets and galaxies. It is not fiction and concerns actual incidents and things that occurred on the track. See also whole track.

stable datum: one datum, one factor, one particular in a confusion of particles that keeps things from being in a confusion and on which other things can be aligned. Any confusing motion can be understood by conceiving one thing to be motionless. The one thing selected and used becomes the stable datum for the remainder.

Standard Technology: the exact processes and auditing actions laid down by L. Ron Hubbard and used for the invariable resolution of cases, taught in the organizations of Scientology and used without variation by all Scientology auditors. The term applies equally to Dianetics and its technology.

start-change-stop: the cycle of action in this universe, which is also the anatomy of control. Almost the entire subject of control is summed up in the ability to start, change and stop one's activities, body and one's environment. See also cycle of action.

static: something which doesn't have wavelength, so it is not in motion; it doesn't have weight, it doesn't have mass, it doesn't have length, breadth or any of these things. It is motionlessness.

stimulus-response: given a certain stimulus, something will automatically give a certain response.

Straightwire: the name of a process. It is the act of stringing a line between present time and some incident in the past, and stringing that line directly and without any detours. The auditor is stringing a straight wire of memory between the actual genus (origin) of a condition and present time, thus demonstrating that there is a difference of time and space in the condition then and the condition now, and that the preclear, conceding this difference, then rids himself of the condition or at least is able to handle it. The motto of Straightwire could be said to be, "Discover the actual genus of any condition and you will place the condition under the control of the preclear." See also present time.

subconscious: the unconscious mind. See also unconscious mind.

suppress: to squash, to sit on, to make smaller, to refuse to let reach, to make a person uncertain about reaching, to render or lessen in any way possible by any means possible, to the harm of the individual and for the fancied protection of a suppressor.

suppressive acts: actions or omissions undertaken knowingly to suppress, reduce or impede Scientology or Scientologists. (Such actions are high crimes and result in dismissal from Scientology and its organizations.)

suppressive person or group: a person or group of persons who actively seek to suppress or damage Scientology or a Scientologist by suppressive acts. See also potential trouble source; suppressive acts.

survival: an impulse to persist through time, in space, as matter and energy. It is a condition susceptible to nonsurvival. If one is "surviving," one is at the same moment admitting that one can cease to survive, otherwise one would never strive to survive.

sweetness and light: a humorous term which means pleasant, good-tempered, etc. Often used to describe the case which cannot conceive of ever having done anything bad to anybody or anything. See also case.

sybiote: a term which in Dianetics is extended beyond the dictionary definition to mean "any or all life or energy forms which are mutually dependent for survival." The atom depends on the universe, the universe on the atom.

T

tactile: the perceptics (sense messages) of touch.

tech: 1. technical. 2. technology.

technology: the methods of application of an art or science as opposed to mere knowledge of the science or art itself.

terminal: anything used in a communication system; anything that can receive, relay or send a communication; a man would be a terminal, but a post (position, job or duty to which a person is assigned) would also be a terminal; also, things with mass and meaning.

theta: energy peculiar to life or a thetan which acts upon material in the physical universe and animates it, mobilizes it and changes it; natural creative energy of a thetan which he has free to direct toward survival goals, especially when it manifests itself as high tone, constructive communications. See also thetan.

Theta Clear: a person who operates exterior to the body without need of a body.

thetan: the person himself-not his body or his name, the physical universe, his mind, or anything else - it is that which is aware of being aware; the identity which is the

individual. The term was coined to eliminate any possible confusion with older, invalid concepts. It comes from the Greek letter Theta (<Imagem>), which the Greeks used to represent thought or perhaps spirit, to which an n is added to make a noun in the modern style used to create words in engineering.

third party: one who by false reports creates trouble between two people, a person and a group, or a group and another group. See also third party law.

third party law: a law which states that a third party must be present and unknown in every quarrel for a conflict to exist. Or, for a quarrel to occur, an unknown third party must be active in producing it between two potential opponents.

time track: the consecutive record of mental image pictures which accumulates through a person's life or lives. It is very exactly dated. The time track is the entire sequence of "now" incidents, complete with all perceptics, picked up by a person during his whole existence. See also incident; mental image picture.

tone: the emotional condition of an engram or the general condition of an individual. See also engram; Tone Scale.

Tone Scale: a scale which shows the emotional tones of a person. These, ranged from the highest to the lowest, are, in part, serenity, enthusiasm (as we proceed downward), conservatism, boredom, antagonism, anger, covert hostility, fear, grief, apathy. (There are additional tone levels than these in the Expanded Tone Scale, and for further information see the book *Scientology O-8: The Book of Basics*.)

Touch Assist: an assist action which reestablishes communication with injured or ill body parts. It brings the person's attention to the injured or affected body areas. This is done by repetitively touching the ill or injured person's body and putting him into communication with the injury. His communication with it brings about recovery. The technique is based on the principle that the way to heal anything or remedy anything is to put somebody into communication with it. See also assist.

track: see time track.

truth: the exact consideration. Truth is the exact time, place, form and event.

two-way communication: a two-way cycle of communication would work as follows: Joe, having originated a communication, and having completed it, may then wait for Bill to originate a communication to Joe, thus completing the remainder of the two-way cycle of communication. Thus we get the normal cycle of a communication between two terminals (people).

U

unconscious mind: a term from psychoanalysis. It is said to be the sum of all thoughts, memories, impulses, desires, feelings, etc., of which the individual is not conscious but which influence his emotions and behavior. In actuality, the "unconscious" is the sum of all a man's bad experiences and nothing more mysterious than that. In Dianetics and Scientology it is called the reactive mind. See also reactive mind.

universe: a whole system of created things. The universes are three in number. The first of these is one's own universe. The second would be the material universe, which is the universe of matter, energy, space and time, which is the common meeting ground of all of us. The third is actually a class of universes-the universe of every other person.

unmock: become nothing; make nothing of.

V valences: personalities. The term is used to denote the borrowing of the personalities of others. Valences are substitutes for self taken on after the fact of lost confidence in self. Preclears "in their father's valence" are acting as though they were their father.

VGIs: abbreviation for Very Good Indicators. It means good indicators to a very marked degree. Extremely good indicators. For example, if a preclear were happy or laughing in session, those could be considered very good indicators. See also indicators.

vias: relay points in a communication line. To talk via a body, to get energy via eating, alike are communication by-routes. Enough vias make a stop. A stop is made out of vias.

viewpoint: a point of awareness from which one can perceive.

visio: the recall of something seen, so that it is seen again in the mind in full color, scale, dimension, brightness and detail.

W

whole track: the moment to moment record of a person's existence in this universe in picture and impression form.

withhold: an unspoken, unannounced transgression against a moral code by which the person was bound. Something the preclear did that he or she is not talking about. A withhold is always the manifestation which comes after an overt. Any withhold comes after an overt. See also moral code; overt act.

X Y Z

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