

HUBBARD COMMUNICATIONS OFFICE  
Saint Hill Manor, East Grinstead, Sussex  
HCO BULLETIN OF 29 AUGUST 1985

Remimeo  
Class IV Auditors  
C/Ses

## ALLERGY OR ASTHMA RUNDOWN

<i>Refs:</i> HCOB 1 Aug. 68	THE LAWS OF LISTING AND NULLING
HCOB 11 Apr. 77	LIST ERRORS, CORRECTION OF
HCOB 15 Dec. 68RA	L4BRA, FOR ASSESSMENT OF ALL LISTING ERRORS
Rev. 11.4.77	
HCOB 27 May 70R	UNREADING QUESTIONS AND ITEMS
Rev. 3.12.78	
HCOB 3 Dec. 78	UNREADING FLOWS
PAB 50, 15 Apr. 55	REMEDY OF HAVINGNESS-THE PROCESS
Book: <i>Scientology 8-8008</i>	Chapter „Standard Operating Procedure 8,“ Step IV, Expanded GITA

The following rundown when properly applied has, by research record, had some success in handling allergies. No claims are made for it beyond that statement.

DEFINITION: ALLERGY – A hypersensitivity to a specific substance (such as food, pollen, dust, etc.) or condition (as heat or cold) which in similar amounts is harmless to most people; it is manifested in a physiological disorder.

DEFINITION: ASTHMA – A chronic disorder characterized by wheezing, coughing, difficulty in breathing and a suffocating feeling, usually caused by an allergy.

The rundown must not be given as an interruption of or in the middle of another action or level. It can be given at any case grade.

The class of auditor required to do this rundown is Class IV and auditors who are not Class IV are not permitted to do this rundown.

### THE C/Ses

The C/S should ascertain whether or not the case is in the middle of another action and if so the giving of the rundown should be delayed until that action is completed.

Assess the pc for rudiments: ARC break, problems, overts, withholds. Fly any that read.

Assess the following as a prepared list with this R-factor: „WE WILL NOW ASSESS A PREPARED LIST TO FIND WHICH WORD ON IT WILL DESCRIBE YOUR POSSIBLE PHYSICAL AVERSION TO THINGS.“

ALLERGY

POISON

MEDICATION

VIRUS

BACTERIA

SICKNESS

INFLUENCE

STRESS

IRRITATION

ILLNESS

HEAT

COLD

EXHAUSTION

MISERY

STINGING

APATHY

ANNOYANCE

INFECTION

FEELING BAD

ASTHMA

SUFFOCATION

One of these words will read better than the rest. However, and this is very rare, if the pc feels that none of the above words describes his or her condition and if the pc volunteers a word which reads better than those assessed, use it.

By the laws of L&N, list the following listing question: „WHAT MIGHT HAVE THE EFFECT ON YOU OF (word found in the above assessment)?“

Make sure the question reads before you list it, and if it does not, put in Suppress, Invalidate and Misunderstood on it and if still no joy do the above step with the prepared list again.

You should obtain an item from this L&N list which is a BD F/N item. Remember that the item can be bypassed and the list can be nulled, at which time the item should appear as a BD F/N item. The result of this, providing the above steps have been done correctly, should be the discovery of the item to which the pc is allergic.

Using the found item, run the following process, each reading flow to BD F/N. (Note: These are not listing questions, they are repetitive processes.) The flows are tested for read before running, and each reading flow is then run to BD F/N:

„HOW COULD YOU WASTE (discovered item)?“ „HOW COULD ANOTHER WASTE (item)?“ „HOW COULD OTHERS WASTE (item)?“

When the above has been satisfactorily completed, now C/S for the following three process flows, each reading flow run repetitive to a BD F/N answer:

„HOW COULD YOU HAVE (item)?“ „HOW COULD ANOTHER HAVE (item)?“ „HOW COULD OTHERS HAVE (item)?“

In a later session ask the pc, „Do you feel any difficulty with the item we found has been handled?“ If not, review the auditing for errors, particularly errors in listing and nulling or assessing. Now ask the pc, „Are you allergic to anything else?“ It is possible that the pc can be allergic to more than one thing but, in the experience with this rundown, it is not very likely. However, if the pc believes he is allergic also to something else, the rundown can be repeated without invalidating the first rundown.

L. RON HUBBARD  
Founder