

8-8008: Understanding the Phenomena

A Lecture given by L. Ron Hubbard
on the 11. December 1952

This is the lecture of December 11th, first hour afternoon. And we have here a few little things, odds and ends that we should button up about this and that.

Got a textbook, SCIENTOLOGY 8-8008. And the actual truth of the matter is that uh... your text is a highly precise rundown – highly precise from the standpoint of very little space devoted to anything. The data is there, but has about the same adroitness as a Browning machine gun. It uh... just says, „fact, fact, fact, fact, fact, fact, fact, fact.“ And uh... it disposes of, on page 38, all past methods of processing, in the following paragraphs – 38, „Methods of running. There are many methods of running – facsimiles and handling ridges and flows. These have been covered in other publications. All of them have validity and can advance cases.

„In the present publication there are only two processes which are stressed and these processes are superior to others published prior to December 1st, 1952.

„A great many tests have established the fact that two processes, both of them simple, produce far better results than any of the others.

„The title SCIENTOLOGY 8-8008 means the attainment of... of infinity by the reduction of the MEST universe as apparent infinity to zero, and the increase of the zero of one's own universe to an infinity of one's own universe.

„This road is attained by postulate processing and creative processing. To run any incident or use any process, it is necessary for the auditor to have a very sound idea of what he is doing; and to this end it is recommended that he know and be able to use the following processes.

„Processing. The code, the theta entity, the entities, running engrams, running secondaries, running locks, concepts and feelings, running ridges, circuits, running live flow, freeing the thetan by concept and feeling, freeing the thetan by present and future randomness, freeing by dichotomies, freeing by tone scale, freeing the thetan by orientation, freeing the thetan by positioning and exhaustion of flows.“

End of paragraph. The next one is, „Postulate Processing,“ which is one of the things.

Now uh... it's... it's what you call... what you call the amount of space occupied here. There's 38 – that's about two-thirds of the page. Uh... the amount of data that really occupies that small two-thirds of a page there has been the subject of, let us say, oh, I should say off-hand, a million and a half words, two million written words – something like that. And I don't know how many words of lectures.

Now if you want to go over this and look it over step by step, it is pretty important that you have some conversance with this, because an auditor will start running some sort of a... he'll just run postulates and all of a sudden, boom! Or he'll all of a sudden start running mock-ups. Or he'll suddenly start going through exercises of lifting and Boom! There'll be phenomena lying there. And he'll think he's looking at something that is just – oh boy! I mean gosh!

„You mean when you start to lift uh... the lifting exercises and so on, with... with... with energy, you... you mean that... and... and the preclear's got a log across his legs?“ And he'll say, „That's very funny. Log across his' legs. Now let's see. I know some about Freudian symbolism and uh... log across his legs, this is probably uh... ear envy. And uh... uh... let's see now. That probably associates itself in some fashion or another as... it's a... you said it's a log?“

And the fellow said, „Yeah, yeah. It's a log. The log's. lying right here across my legs and that's why I can't lift one of my legs.“ „Let's see now uh... oh, it's a log! It's got bark on it.“ „Yeah-yeah-yeah!“ „Oh, you don't like dogs. Okay here we go.“

Now that can be the subject of a long dissertation about the fact... they always start in this way. The squirrels are wonderful. They spend two seconds observing, uh... five minutes contemplating the glories of having observed, and then many months talking about the phenomena.

But uh... nowhere along this track do you find very much data. And... and I would be the subject of many letters uh... long letters describing this log across the preclear's legs. That's... that's right – I mean, this has happened time after time. This falls into the band of facsimiles and it would fall into the category of probably a past-life facsimile.

We were trying one exercise last night, Nibs and I, just fooling around, and so forth. We were knocking facsimiles into view faster than any auditor has ever been able to locate them in the past, by doing what? By trying to lift his ankle, that's all. He was lying down, he was just trying to lift his ankle, he was fooling around with it rather arduously by snapping anchor points around – just interesting stuff. And first he found (you don't mind my mentioning this) uh... first he found three corpsmen holding him down in a tonsillectomy and he blew them through the roof. And uh... then he found a log across his legs and uh... blew that out. And then he found eight times when that leg had been fractured, and uh... four times when the other leg had been fractured. And uh... that's all back along the track somewhere.

These... these facsimiles just kept flying off, flying off. Of course, he couldn't lift his leg because of all these facsimiles.

Well now, uh... the way he handles facsimiles, of course, he says, „Look, another picture“ and uh... pitches it out the nearest window, or... or uh... makes it disappear down the time track or something.

But uh... preclears that you're working uh... initially don't have this skill. They... they... they say, „A log across the leg – okay. My agreement with the MEST universe says if I have a picture of a log across the leg, then I have a picture of a log across the leg, that isn't a picture of a log across the leg, that's actually a log. Therefore I pick up the weight factors in that log which is lying across the leg and I pick up all the other perceptics I had and let's not forget the emotion on the thing. Ah, I'd better feel like I'm dying. Okay, here I go.“

And you could sit there and snap your fingers over this preclear for some time uh... insisting that he get this log across his legs by uh... get it off or on and so forth, in order to handle the facsimile.

Well, of course, you're handling the facsimile to get it into position so that it can be run. A person who cannot run a facsimile is simply unable to get the facsimile into the position where it can be run. That is, he could not move a picture before him, behind him, above him, below him and into last week. You get the idea? That's why he can't get the facsimile to run – it's very simple. We'll just short-circuit all that. You... you... you just get the person so that he can handle a facsimile, or handle a picture, handle mock-ups and pictures in this fashion – make them appear and disappear and increase and decrease and turn upside-down and the content changed. And uh... the next thing you know, why you've got yourself a nice smooth uh... facsimile there that uh... can be picked up and thrown out the window – it doesn't have to be run. If... if you can orient it to this degree, well why run it? The guy's handling it, isn't he? And if his handling uh... is of this nature, why uh... let it go. Increase his ability to handle it.

Now just above that level, you'll start picking up the agreements which are sub to a postulate but are sort of a postulate. It's... it's... a postulate is something the fellow himself makes, and an agreement would be his co-postulating or his agreement with somebody else's postulate. That is, acceptance of somebody else's illusion which would be, of course, delusion for him.

Now uh... therefore uh... an auditor who doesn't know the basic manifestations and what can happen uh... can have these things sort of fly into his face and get in his road and upset him and all that sort of thing. They're liable to think all sorts of things.

If they haven't seen some of these things in operation, they don't know they are there, and believe me, they'll start to use an innocent little gimmickahoojit like... like mock-up processing. And all of a sudden Boom! Boom! Boom! There'll be all sorts of phenomena. Now here'll come... all of a sudden the preclear's... you can practically see his hair standing straight back. And... and you say, „I wonder what's happened? I wonder what's happened? I mean, I've never seen anything like this. It must be some sort of an electrical disturbance in his vicinity someplace. And I just saw his hair standing up and – and uh... that's very interesting because that lightning bolt that keeps flashing there uh... between his hands uh... certainly should...“

„Let's write an article for the American Medical Association for this and... and say that electricity, when used on a preclear, is very bad because the electricity which goes through an E-Meter uh... seems to build up somehow and uh... gets up to the level of developing lightning bolts. And uh... this is what happens with E-meters and this is what E-meters do.“

You see, he could draw a completely different conclusion. He every once in a while will get ligh... get lightning bolts shooting around the place. Or he'll just have some simple mock-up... have this girl – „Oh, you've got a headache? Well, have this beautiful girl stand behind your head.“ You see, you can use mock-up processing without theta clearing somebody and you can knock out chronic somatics boom! – boom!

You say, „All right, mock up this beautiful girl and have her stand behind your head – you have a nice headache there – and then have her... have her patting your head. That's fine, now have her come around to the front of you and sort of stroke your hair down on that side. That's fine. Now have her move around to the side of you and put a green gown on her and have her pull off a small section of the skull, quietly and pleasantly, to find the headache. Oh, yes, yes. Now have her sew it up real good so that it won't get away. And now have her turn your head back and forth.“

And the fellow will say, „Say, you know, there seems to be some kind of an electrical storm going on around here.“ What you're doing is blowing a ridge like mad, see. I mean, you're not... you're not just talking about this beautiful girl.

The physical universe says, „Agree with me! Agree with me! Please! Please! Please! I'll give you the seas, the stars, everything if you'll just agree with me and... and uh... uh...“ That's its latter stages. Its earlier stages, it says, „Oh, you're disagreeing with me. Well, I'm going to ruin hell out of you.“ And it starts saying „Rowrr!“

Well, any one of these things can result in lightning bolts passing from the left hand to the right hand. Any one of these things can result in... in fabulous manifestations, which are fabulous if you don't know what they are, and they're really very simple.

So, when you start to do mock-up processing, don't think you're avoiding handling – you're NOT avoiding handling. You're not doing, mock-up processing in order to make these manifestations occur. You're doing mock-up processing to make all such manifestations stop occurring for ever more until the end of time, such as ridges blowing, flows running, facsimiles jumping up and getting out of line, uh... locks being picked up, people getting upset because this and that happens to 'em. You're just ending this sort of thing.

Y... and the sooner you can bring it to a full halt... I'll have to stop... stop talking about smoking brakes. Every time we were running an incident last night with Nibs, he got brake smoke because he'd stopped himself from going in some direction or another. Room got practically loaded with it. Wasn't good lining he was using either. He's had some kind of a scarcity complex or other – cheap lining.

Anyway, uh... the... the list of phenomena should be at an auditor's fingertips and should be easily identified by him, so that he never turns a hair. And I've just given you here

a... really, a list of phenomena which is covered EXHAUSTIVELY in past processes. It's just covered. There's just ways of running this... this – Oh, my God! The last time I got uh... a small count of the number of surefire, positive, handy jim-dandy little techniques for handling black and white flows, I had over 80 techniques.

And somebody wrote in the other day and said, „You know, I have a technique for handling black and white flows.“ Boy, that's just... that... that's... that's like... that's like uh... uh... taking a cubic foot of smoke to Pittsburgh – just pointless.

Now I have no doubt that there exist somewhere in that – in man or in beingness – types of things which have not been cataloged adequately, since this was not a cataloging job at any time; it was an action research. And it wasn't a research. It was the first look. And it was just action – there it is, how do we handle it? „Why does he act that way?“ „Oh, here's 8 reasons why he acts this way.“ „How many ways can we get to solve these?“ „Oh, we've got 52 reasons for every one of the 8.“ „Okay.“

And that was about the kind of research it was. It wasn't saying, „Now, let's carefully make a big, big catalog here: specimen 872 – Engrams when they are on the left-hand port quarter of the starboard side of the ruddy-rods uh... have in them, when they contain sonic perceptics, 1.682 ohms of resistance when in the proximity of...“ I mean, no scientist did this job.

See, that's very obvious. It's very obvious because there's no catalog goes along with it. But there are frames of thinking which include all this phenomena. And you're getting here, actually, when we take a rundown on this, frameworks of existence of phenomena. Something is going to fall in... well, if you find something it'll fall into one of these baskets.

Now uh... it'll fall into the baskets of pictures uh... in motion or in black and white or in color, which are still or motion pictures. And uh... they will fall into the catalog... that's they contain all perceptics and there are over a hundred perceptics in each one of these pictures – it's quite remarkable.

And that catalog or that frame expands out, then, to embrace what? Energy. Okay, I mean... and we're right there on the common denominator. And when we start to handle energy we run into the framework of space. And so it falls into these categories.

Now the second we look at an object – „Arthritic knee“ – we know that we will find on it dammed up flows, energy not free somehow to run, we'll find the preclear out of communication with it – we've got ARC – he's out of communication with his own leg. And we could solve this in several ways. We can just hire a couple of... of gremlins uh... and uh... get the preclear to hire 'em, and string some telegraph wire uh... down through to that knee. Or we could install pump mechanisms and uh... and all sorts of things in order to get circulation flowing through the knee again. That's one of the most interesting mock-ups is to get somebody working on something like an arthritic knee.

„All right, let's mock up... now let's mock up a... a pneumatic drill. Okay. We've got that pneumatic drill? Now let's start busting up some pavement with it. Okay. Now let's move the pavement around back of your back and start busting it up back there. All right.“

„Now let's move it up above your head and start breaking it up there, and let's change the pneumatic drill to one of these great big widow-makers, the kind they take cliffs down with, you know? And let's start busting up pavement with that. All right. You're gettin' that. And you see it's falling down on you. Well, take one of those pieces – now make it fall upwards.“ We've finally accomplished that. Put it down below his feet and that sort of thing, and then put the whole thing into yesterday. He can't put it into yesterday so we go to some gradient scale and we take a toothpick and we put that into yesterday. We take all kinds of things that have no real value and we put those into yesterday. We make them disappear.

Then we find out if he's making them disappear by dropping black curtains over them or stopping looking at them. Uh... and we solve that by letting him put lots of black curtains over them, and so forth, and still pick it up and find out it's still there. You'll find out after a while it's still there unless he makes it disappear.

And uh... we... we then drill him, „How do you know you had breakfast in 1932?“

The fellow says, „Well, I'm still alive.“

And uh... in other words, we solve time right on the spot. The first moment that we find out there is something flukey about him making things disappear, we just go on a gradient scale of havingness. We... we get him drilled until he can have or not have a picture, or have or not have an object.

Now the worst gradient scale of the whole thing is to actually give him a toothpick, a MEST universe toothpick, and say, „Okay, you got this MEST universe toothpick?“ And he'll look at it and he'll say, „Yes.“

And... and... and, „All right, now. Take it over and throw it out the window.“

Do you know how many preclears won't do it? They're really psycho when they won't do that. They've got a toothpick and it might have some value, it might be connected to something or other, and so the best thing to do with this toothpick is sort of stick it in your pocket.

Some of them, real, real bad ones, won't even give it back to the auditor. That's just a gradient scale of things disappearing, you see. Time is just a trick method of making something disappear.

Time is havingness, and when time i... goes along the line you get changingness in havingness – I mean you get alteration in havingness, and... or you can make something disappear. Well, you get anything to alter enough, you can get it altered small enough until he can't see it. And then you say, „Hey, it disappeared, didn't it?“

„Oh, no,“ he said, „I finally did it.“

Uh... that just... just run him onto that basis and then the next thing you know uh... what... what do you... what do you do with this arthritic knee? Well, it hasn't got any circulation in it or something of the sort. So we take a knee uh... uh... any kind of a knee, and we put it way out there – can't get a knee. So take an elbow. Work with this elbow until we finally take this pneumatic drill which he already knows how to use and bust... and then case the elbow in concrete and then break the concrete off the elbow. And just go through gradient

steps like this until we finally have... up the line we finally have, oh, probably, great big pumps and uh... all sorts of prevention mechanisms installed, mechanical devices of all kinds and descriptions, doctors standing around in attendance, mechanics standing around in attendance on the machinery, uh... hot and cold running waitresses standing around to serve tea to the mechanics uh... all of this stuff.

And we've got this, and the... and the person finally says, „You know, the hell with this knee.“ You know how fast that knee will go away? Just blink... just in a blink, if you do it right.

Yeah, everybody knows it takes a long time for arthritis to go away. But if you've done a proper job on the thing, it's gone, „blink“. And it might come back tomorrow, a little bit of it, you know? Just take him and renew all this machinery and make it much better and uh... fix it up much better and they say, „You know, I can't get any sympathy for this knee. Of course, I'm not so sure that I need sympathy by now.“

But uh... on its recurrence, on a recurrence of a symptom, you always can expect a symptom to flash back on the preclear once in a while. Don't worry about it (the preclear will) uh... why, get... get this knee and put it up in a... shop window on Main Street and have all kinds of people coming by and looking at it and feeling so sad because of the knee, you see? And then put it there as part of an underwear ad. And have them come by and feel so sorry for this knee. And then have all the members of the family come in very carefully. And then have the knee crowned with a crown and set on a throne so it can rule the whole world – I mean, any way you want to go this way, see.

All of a sudden they'll say, „The hell with this thing! Why did I ever bring this up?“ Well, that's right. They brought it up Lord knows how long ago, as a mechanism.

In other words, mock-ups directly apply to these things.

What are you doing to it? You're really doing this to it: You're taking a part of the body which is disowned and for which the person is not responsible. A person has decided that that part of the body is harmful to him and he has actually cut communications with it and will not let it communicate in any direction.

This is very silly, because it stops its flows. It can't flow. How the dickens can arthritis dissolve if the various glandular uh... secretions and so on in the blood stream that pick up calcium uh... if... if they don't uh... go through the area? Or if the blood flow is slow through the area? So you get deposits, just as a river when it turns a corner leaves silt. Now uh... you've got a physiological condition. First, you... you just got concrete sitting in there. Well, just don't try to solve it in terms of physical structure. True enough, a person can get sick. He can get sick from bacteria. Bacteria exist as far as he permits them to exist. If he's down tone scale, he'll permit bacteria to exist like mad. So he has bacteria and everybody has agreed ever since Pasteur that the... all these diseases were caused by it. Sure enough, they probably were. There were other factors involved, but there's still bacteria.

The guy can still get chewed up by bubonic plague or yellow fever or cholera. Let him drink some water which has carefully had placed in it, as they do in China – I think they have

little Chinese coolies around on all the streams to drop in uh... Asiatic cholera into the stream at so many... so many cholera cysts per cubic inch of water. I think it's an awful lot of trouble, but I'm sure they do that, because I've never seen a sample of water in China that didn't look like a menagerie, You look at it through a microscope.

And by the way, the Asiatic cholera cyst is a fascinating thing. It won't dissolve in chlorine. Oh, I mean you can drop it into a heavy chlorine solution and leave it for hours and hours and hours – a heavier chlorine solution than you'd dare drink – and just leave it there for hours and hours and hours. And take it out and it's just as alive – fascinating. That thing has really had things fight it! And is it armor-plated and protected! The way you do it, you boil water for about 10 minutes. Don't eat vegetables, though, because, my Lord! If you ate vegetables that had Asiatic cholera spore on them... why, you could spray them with potassium permanganate. That ruins the flavor of the vegetable but you feel you have to have green stuff. As a matter of fact, you can get so craving, the phys... GE can crave greenery to such a degree that he'll even do that – he'll s... dip things in things like potassium permanganate and hope that it'll do something to the bacteria. It won't – not the Asiatic cholera.

And uh... the preclear can get sick from this cause, yes sir. The GE has agreed for a long time that he suddenly and inexplicably became sick. Well he went into apathy and didn't observe bacteria any more. There's no reason why he can't look at bacteria. They can shoot a guy up with penicillin or something like that, or make him well from bacteria and fever.

Of course, it is true that the bacteria can't fasten upon him unless he's weak in some fashion or another. But outside of that and the fact that you have to treat... treat a broken leg, and if a fellow has a tourni... is... if the fellow is bleeding to death, and pumping blood all over the place, this is no time to sit down and audit. Put a tourniquet on him. Uh... because uh... the theta becomes inaccessible when his standard communication line, the body, goes out. Uh... he doesn't if he's up tone scale, but uh... this is not the preclear I'm talking about.

All right, this means then that as far as a permanent structural goal is concerned, the devil with it! Don't... your... your fella... don't let him get operated on to have his tonsils removed or something of the sort, or teeth pulled on the theory that this is going to alter his condition permanently. That won't. You see, this is a chronic condition – it's something that extends over a long period of time, and so on. If it extends over a period of time, his havingness on it is, of course, very great. Right? So it isn't going to be solved by tinkering around with surgery or something of the sort.

If it's an acute condition, just had an automobile accident, yes, you can solve the reason he has automobile accidents. If he's just had one and his throat's half cut – sew him up. Uh... emergency surgery or surgery which is directly addressed to an acute illness – he's sick – is superior to auditing. The moment he's had the surgery, however, run out the whole incident and the engram. He'll get well. He'll get well much faster if you do it that way. So here's an acute state of disease, and here's a long chronic state of disease. Well, it doesn't do any good, really, broadly, to address surgery and drugs and monkey business and all sorts of cures and vitamins.

The Japanese are wonderful. They're one of the most unhealthy people uh... well. And, boy, do they take vitamins. They... Japanese Army, every time you took over a Japanese Army base you... you never found very much in the way of cameras or anything else. Some of the marine sergeants used to go around and kick the gold teeth out of the wounded and so on. But uh... uh... they... they used to consider that somewhat valuable because the Japanese love gold teeth. But uh... ooh! And uh... but the only stores you would find around... you might find a paucity of food, but you wouldn't find any paucity of vitamins – great warehouses full of vitamins. Boy, did the Nipo believe in vitamins! I swear he fed his troops vitamins when he couldn't feed 'em anything else. They would... they would skip the rice ration if they had vitamins, and boy, were they unhealthy.

You can actually feed a... an unbalanced vitamin ration where the vitamins and minerals are all unbalanced – and do what? And knock a preclear's teeth out, knock his sight out, give him ulcers, do anything you want to to him by simply removing from the system the minerals and other things which are vital to a certain area. You give him an overbalanced ration – uh... let's say it takes an awful lot of calcium to make teeth. And let's give him a ration of vitamins, let's pump him all up on proteins and minerals and vitamins – and omit the calcium. Huhh! The rest of the body is going to say, „Look, we're rich and therefore we must have lots of calcium. Therefore if there's lots of calcium around here, we naturally can build up everything and we can use the...“ Oh, boy! It doesn't have any calcium, so it runs around – let's see. It takes it out of the bones, it takes it out of the teeth, and so on. The first thing you know, the guy hasn't got any teeth or something of the sort.

You could actually vitamize an unbalanced vitamin ration. I picked up quite a process by that, by the way. I figured out the mineral content of many parts of the body, simply by overdoses of proteins and minerals and vitamins, and omitted, carefully, each vitamin in turn and each mineral in turn. And would overdose the guy to such a degree that he was developing such a thing as scurvy. You can induce scurvy this way.

You can take vitamin C, omit it from the ration, and then give him a TERRIFIC dosage of proteins and vitamins and minerals – with no vitamin C, no ascorbic acid, and in eight or ten hours of such dosage you can give him a case of scurvy, the like of which you've never observed. You can have his teeth just rattling in his gums. Gums all swelling up – oh, fascinating!

And uh... now – now do we know that that's vitamin C causing it? Well, it's the imbalance and the inability of the genetic entity to handle anything above MEST. Do you think he's a superior illusion because he's so solid? He's a superior illusion because he's used a solidity that uh... he took out of a more superior illusion, the MEST universe.

And uh... he's got this all stacked together. And you think he's in wonderful... wonderful shape? Well, he can't handle an imbalance like that. What do you do? How do you know it was vitamin C? How do you know it really went to the teeth? Why, sure. He's got a bad... bad teeth now, hasn't he? He temporarily... you haven't ruined him. any, particularly. Now let's just omit everything and let's pump him full of vitamin C. Now the vitamin C is a sort of vacuum. And it goes instantaneously into the teeth and the gums and he will develop a toothache the like of which no dentist... dentists really ought to know about this. They're pik-

ers, I mean, with their drills and all of that sort of thing. They try, I know they try, and they're good boys, and I know that some of those dentists that... that got down to the point of putting... putting spiked pads on their knees to put those on the patient's chest. And these little refinements uh... that they've used – they're still pikers. I'm sorry to have... they'd have to find this out eventually. But uh... you feed that guy, after he's been overdosed in everything else – don't feed him proteins or vitamins or minerals, just feed him vitamin C. And feed it to him fast, and feed it to him in great big doses like a thousand units, you know, a thousand milligrams at a crack.

And he will develop a toothache that he would rather be SHOT than suffer. He can just feel those teeth as cracking and creaking and trying to go back together again too fast. Too much havingness, you see.

And... and the scurvy will cure up. Of course, what you do after you've noticed this is just feed him some more proteins and vitamins and minerals, and they'll take the vitamin C back out and they'll tend to balance the ration.

You can balance him up and get him back to, quote, normal, unquote, again. But uh... now let's take that... let's take this whole formula with vitamin C in it this time – everything in it. And now let's carefully remove B1. Oh, let's remove B1. Yeah, that's what we'll do. This time we'll give him an overdose of B1 afterwards. See, we'll feed him up for about 10, 12 hours on all... a pluperfect ration of protein hydrolysate and all the fancy minerals in their most digestible form, no food, you see. I mean the protein is a food. Protein, and minerals and... and uh... vitamins. And we'll just omit vitamin uh... vitamin B1 – thiamine chloride. Just overdose, overdose, overdose and this guy will all of a sudden be saying, „You know. There's things crawling on the walls, there's spiders, there's....“ Oh, God! Has he got a wonderful case of DTs! You can fix him up quickly.

Now... now cut him off all that other ration and right quick start shooting him full of B1. Well, he'll snap back, but there are pyrotechnics to be observed there on a mental strata that you would be quite interested in. Because the way the pictures try to flash back into line – wonderful to behold. It tells you that B1 as a particle flow... as a particle is... somehow or other fits into the pictures of pictures, you understand? It says it has something to do with holding pictures in suspension. Or it 'has something to do with goofballing up the thetan or the GE so that he thinks he has a big flow of something when he doesn't have it. It's upsetting. You could study it for a while, you'd probably understand what it was. The study has yet to be made. I just studied this other.

All right, let's take that full dosage again and let's omit another vitamin and we'll find out suddenly that the liver on this super overdosage with one thing missing, the liver just goes to pieces – ha-wham! Oh, does he get in terrible condition quick. Now take that one and over-feed him on it and the liver just goes into straight agony in reverse as it tries to right itself. And then of course, balance it out, and the guy gets all right again.

It's fascinating that the GE is so fixated on having to have certain kinds of MEST. He has... he's agreed so thoroughly with the MEST universe that he couldn't substitute B1 for C. Oh, no! No, he knows he's got to have that crystal form B1 or he knows he's got to have that

C. And he does this purely by association: „What's there? What's been there? Well, we... then we've got to have that. We can't have any substitute on the line.“ He's still differentiating but how's he differentiating? He's differentiating along about this level. Is it a chair or is it a table? And he is able to tell which is the chair in terms of crystals and virus structure in general.

He's... he's smart, see. He's utterly dependent upon this stuff, but he couldn't turn B1 to C. He couldn't do that. And if you as a thetan are unable to do that after you've been in process for four or five months, you ought to go out and shoot yourself.

As far as matter and its basic structure is concerned, it is terribly alterable. But the GE can't alter it. He's not a superior illusion at all.

You can goofball up the GE and the body in the most fascinating ways. But it's much easier just to convince him that he's been goofballed. All you have to do is convince him he has been.

Uh... some time or other... some time or other get him into a very somnolent state and... and then drink some whitish powder and put some flour in it or something of the sort and don't let him know anything about it... this, see – don't let the preclear know. And he drinks this whitish powder, „Drink it down. That's fine. You've just taken arsenic.“ If he's in a very susceptible frame of mind he will lie down on the floor, writhe, and he will give you all the symptoms of dying by arsenic. It will be very puzzling to him why he doesn't go all the way through with it, but by examining the structure of the thing at length, he will be able to take it and – „This is not arsenic.“

Well, now that tells you then that your GE can be hit on two levels – we're not too interested about the GE. But he can't be hit on a structural level... he can't be hit on a structural level if the functional level is shot. You can do anything you want to an alcoholic. You can take enzymes, benzenes, methylzenes, magazines, anything you want, and fool around with an alcoholic. You can feed him sugar uh... you can feed him spice uh... you can s... make him stand on his head, you can train him how to... how to... that he has to live for two seconds at a time and no longer – you can do all these wonderful things – and you'll still have alcoholics.

The test of an alcoholic is can an alcoholic sit down and take a drink and just stop with that one drink and feel all right. Uh-uh. He can't do it. The GE has a scarcity obsession on some type of crystalline structure. All you have to do is deny him this structure and deny him this structure and deny him this structure, and he'll decide he can't have it any more. And he will take a substitute for it. And then if you make THAT scarce, he will become psychotic on it. This is strictly your MEST universe at work.

You could take a little kid – now get this – you could take a little kid and deny the little kid candy. And deny the little kid candy and deny him candy and not let him have candy and tell him how bad candy is for him – until at last you have created an utter apathy on the subject of carbohydrates.

Having created this complete apathy upon this, you now make it possible for him to have the altered form of candy without digesting it – namely alcohol. And the second you do

this, he of course knows that he cannot have, and therefore he can't tolerate and therefore it is dangerous, candy. He KNOWS he can't have candy – but he can have alcohol. And he's so greedy for it that he'll goofball. It starts in with a functional scarcity or a functional enforcement.

Now let's... let's just go the other way around. Let's take the little kid and force him to have candy and we force him to have candy, and we force him to have candy. We make it possible for him to get alcohol. He'll... he'll eventually go into apathy on the subject of candy and you get practically the same manifestation. That's because your... your vectors go both ways. It really doesn't matter much whether you inhibit or enforce something. The end result is the same. Blank, and uh... apathy. It's just an upset of self-determinism.

All right? The guy has a good chance of becoming an alcoholic. Sure, it evidently is physiological. What do you have to do to... to fix that up? You just have to fix him up so that you... he doesn't feel quite so degraded. Uh... you return his self-respect a little bit and tell him he can handle matter. If he can handle matter a little bit and so on, he'll come up the line awfully fast. It's a terribly artificial condition.

But in particular, let's cover the subject of candy. You'd better not try to cover it by giving him a piece of candy, the first time you ever give him a piece, if you ever treat him... if you were to force him to have a piece of candy, you would just drive him nuts. You would make him quite ill. That's right. You... he... he becomes sick. He doesn't want anything to do with carbohydrate in that form.

All right, I'm not recommending that the cure of alcoholics be accomplished through the rehabilitation of the ability to eat candy, but that is a direction it can go.

It doesn't lie basically, as basic causation, enzymes or snenzymes or benzynes, in other words it has... it's not basic causation. And you could stuff him full of all the enzymes and benzynes and magazines you wanted to stuff him full of, and he would not recover from his alcoholism. They go to the Keely Institute and then they come out, and then they go back to the Keely Institute, and then they come out and they go back, just for variety. There's some crackpot out in... out in Kansas, I don't know, he sells a patent medicine or something of the sort. Uh... I think it's Menninger's Cough Syrup or something like that – oh, Menninger's Psycho Syrup, that's right! And it's made of some... some jerkwater. There's...

Have you ever been across the continent? Well, there's one... one place there... there's – oh, you wouldn't remember this, but there's a place there where the train whistles twice, and – uh... yeah. And... that... that... that's different from all the other places – it whistles five times at all the other watering stations. And as it goes past this place there, you might look around and there's a little adobe shack or something over there. Anyway, they get... they get alcoholics there. And they... they take 'em in and then they take their money and they let 'em out after a while. And then they take them back in again, if they find out the family's got some more money, and they let them out after a while. And then they take them in again, just for variety's sake, and then they let them out after a while. And when they haven't got any more money, this character Menninger then ships 'em across the river where they go to the State Institution permanently.

You know, that's not a libelous statement? You know that's fact?

Student: Fact?

That's fact. Uh... they... uh... he used to be director of the state institution. He can put any of these patients that have run out of dough over there. He killed a fellow recently... he didn't kill a fellow. A fellow by the name of Hacker. This guy Hacker used to jump around all over Los Angeles and say, „Dianetics – down with Dianetics! Down with Dianetics! We know all there is to know! And we're sane. We're sane! I'm sane! I'm sane!“ You know. Typical uh... quiet, calm, reserved, orderly fellow. And uh... and there was a motion picture actor by the name of Walker, you know? He played Private Hargroves and so forth?

Well, Menninger had him first. Menninger let him in and let him out and let him in and let him out, and let him in and let him out. And finally after about six months of this sort of thing, they sent him back to Hollywood and then Hacker, of course kept shootin' him all the stuff and shootin' him the stuff and shootin' him the stuff – kept him under heavy drugs. Of course, a man kept under heavy sedation, everything that's happened to him gets worse and worse and worse. And then one day he shoots him too full of drugs and kills him, murders him. And uh... and under any code of laws – if there was any law in California – it would be murder.

And uh... everybody said, „Poor... poor Walker. Well, Hacker did the best for him. Hacker did the best he could.“ That's right. Hacker did the best he could – kill people.

Now they're making a basic, horrible basic error. They keep trying to treat structure without remedying function. Yeah. You'll run into the damnedest books on the subject of this – oh, just wonderful – about how... how... how this kind of drug and that kind of something or other all effect this wonderful digitalic uh... uh... acafluence uh... upon people and so on. But don't put it to use, or don't test it out. It's been run just like any other squirrel investigation. It's been tried on two cases, failed on both of them; the notes were written up favorably and it was released.

Now that's... that's historical fact.

Now what do... what do you do then on this? What do you have to do to clear it up? You have to clear up agreement with the MEST universe in terms of scarcities and enforcements which comes down at last to a craving, a shortage, terrible shortage. And it solves on this. You have to have it, you can't have it. If you just ran that on any injury or obsession or compulsion: „Now you have to have it. You have to avoid having it. All right, you have to have it. You have to avoid having it. You have to have it. You have to avoid having it.“ And you just go on like that – it's a process all by itself.

Just sits there. If that's all we knew, we could probably stand around and talk and have our... have our post in glory for a long time. If we just knew that one... one dichotomy. And an awful lot of this stuff like that. If you just had that one, you could work. If you just had... if you knew about what responsibility was and you just work responsibility and no responsibility as a dichotomy, why you could get to solve cases.

If you get terribly desperate with a preclear some time or another, and they've got some kind of a chronic somatic, just sit down and grind the damn thing out. If you can't do anything else, just say, „Have to have it. Have to avoid having it. Have to have it. Have to avoid having it.“

Somebody was asking me the other day, „How do you solve being degraded?“ Well, you have lots of ways to solve being degraded. Mainly force – rehabilitation of force.

So, how... how... how... how could you solve it? If we didn't have any other process. Well look: If you ever get down a blind alley and you say, „Now let's see. Now we've got a terrible case of ruddy-rodism. And no research has ever been done in Scientology on ruddy-rodism. And it's a horrible, malignant phobia which causes traffic cops to arrest speeders“ or something of the sort. „It's terrible, and I have this preclear and God knows, nobody knows anything about this. And I'm sure Hubbard never... never processed anything like this. And this is worse than anything I ever saw. The time the guy comes into the office, why he... he just sits there and I just mention ruddy-rodism and so forth, and he just sits there and he vomits and he vomits and he vomits. Now what am I supposed to do?“

And I say, „Mock up something,“ and he vomits. And I tell him to mock up vomiting and he vomits.“

Well, if you ever get in that kind of a pinch, or if your wits just congeal on you when confronted with some horrendous problem, there is a common denominator of all these things, since time is the single arbitrary of aberration. This was discovered empirically, this datum. And then it was found out how it fitted. And now, boy does it fit. And that is Having to have it, and Avoiding having it. Trying to escape from having it – anyway you want to phrase this. The... the point is, it's having... trying to escape from having it; now trying to force yourself to have it; now trying to keep yourself from having it. Just go up and down the line of Desire, Enforce and Inhibit.

All right, wanting to have it, trying not to want to have it; wanting to have it, somebody else wanting you to have it. Any time you want to run brackets, you could get fancy on this, you see. You could run a complete bracket, that is, to... the preclear needing it, somebody else wanting the preclear to need it, the preclear wanting somebody else to need it, other people needing it, and other people wanting other people to need it, and everybody restraining everybody from doing all those things, and then everybody re... forcing everybody from doing... to do all those things.

You could just play this organ in any one of those stops. That's a bracket: to the preclear, to another, to others. Preclear doing it to somebody else, somebody else doing it to the preclear, others doing it to others. Another way of running a bracket: Overt act, Motivators, DEDEX – you get 'em all. They'll all come out in that fashion.

But if... if that all deserted you and... and you found yourself creative processing, postulate processing uh... I... I don't know where I'm going next. I... I seem to be in the Texas of a pilot house, and so on. And that's all very well, but I thought we were on the Mississippi, and here we are in the North Arctic Ocean. And it turns out not to be the Texas uh... on a

steamer at all but uh... hy golly! The thing looks like an electronics lab or... or something. And I'm getting awfully squirrelly too.“

Just look at the preclear desperately and you say, „Now you notice the obsession you've got there, you know. Now you got that now? Now get having to have it. Now, not having to have it. Now, having to have it. Now, trying to avoid having it. Now having to have it.“

If you... that... that's the only thing you could think of, it'd work. It'll work. You can grind it right straight on out, because you're working with time and you're knocking the thing back down the time track, that's all.

Now if you get... if you... if you... your wits are just a little more fluid, why having to have it, having to avoid having it, or avoiding having it. Now trying to make somebody else have it, now trying to keep somebody else from having it, now others trying to keep others from having it. Okay, and back we come again to uh... trying to keep from having it, trying to have it.

It's just a positive-negative, see. Any way you want to phrase it, as long as you run the positive and negative on the thing.

So this... this kid's got a club foot, terrible shape club foot. Okay. „Get having to have the club foot... trying to avoid having the club foot... having to have it...“ I don't care how many hours you run it. He'll start to develop pain very shortly in his foot.

If you want to get real fancy, turn it white and then run this. Or turn it white and black and run this. Or any w... thing... th... anything you want to do to it, as long as you've got that basic fundamental – having to have it, not having it. And you could run that on a stomach ache. Oh, some preclear, you've done mock-ups and you know there's everything this preclear can create and destroy and this preclear is terribly competent – well, of course preclear probably isn't mocking up anything. Preclear probably sitting there, being very obliging, saying, „Yes, yes.“ All right.

And you run him on the E-Meter and you say, „Well, all right. Could you create a cat?“ E-Meter doesn't register. „Could you destroy a cat?“ E-Meter doesn't register. You say, „Well, he's all right on the Fifth Dynamic, evidently.“

And, „Destroy your parents?“ – E-Meter doesn't register. You say, „Yes. Create your parents?“ – E-Meter doesn't register.

It's stuck. I mean, they're stuck in something. They're... they're so monomaniac, in one direction and one compartment and one department, they aren't even in communication. And yet they're apparently sitting there saying „Yes“ and „No“ – all sorts of thing. Boy, are they really out.

You'll run into this case every once in a while. If a case is in terrible shape and looks awfully perplexing to you, you just haven't... and you can't find out what's wrong with the case, just put it down to this: The case just isn't registering. The case may look like a Three, or may look like a Two. They're not. They're a Seven. They're just not registering. You can't get them to do... you... they... they say, „Yes – they're doing these various things,“ and they're

not doing them. And here they go, and they're being very obedient. You're working a Seven. Have him locate the room.

It's liable to be with a great shock that the fellow will look at you and say, „I... God... gee I... but the iron bars do look kind of unfamiliar.“ They've never looked at this room. They're trying to avoid having it. They're trying to avoid having a body. They're having to have a body, having not to have... not have a body and all sorts of this.

So, if you ever get down... now every once in a while one of you come up and ask me, you say, „Well uh... how do you solve this?“ or, „How do you solve that?“ or, „What's the specific solution?“ Now, if you couldn't think of just running mock-ups, if you couldn't think of what mock-up would fit into this thing, if... if... if that was too much of a strain on it, or appears too terrible to handle or something of the sort, remember that this other one always will handle it. Having to have it... hav... you don't have to worry about flows. Just having to have it, not having to have it. maybe it'll take you 24 hours or 60 hours to grind the thing out finally on brackets and various things on havingness, but it'll grind out. It will grind out eventually.

And somebody is asking me up here, „How do you solve degradation?“ Well, if you can't solve degradation any other way – degradation is being big and getting small – uh... if uh... you're uh... and that is by big... getting big and being small, and not at your own uh... request.

Another way, people get degraded on the subject of sex because it's – like the alcoholics – there's suddenly a great scarcity of sex – terrific scarcity. So sex gets more and more precious and more more precious and they feel more and more degraded by having to have it. And at last they're practically out through the bottom – crash! Scarcity. It's scarce and they can't have it, but they have to have it. And if they have to have something, they can't have, it demonstrates to them that their ability to create is terrible and this demonstrates to them that they must agree with the MEST universe if they have to have it.

That's why some guys spin in. You de... you just show them... show them a ring or a marriage licence, some guy or some girl or something like that and they just go, „Bzzzzzzzzrrrlmmmm!“

Did you see WINGS – uh... back... the old... the old production, World War 1 planes and everything else? They had some of the beautiful shot-downs there. I mean, the... the Fokker or the Spad or something or other would be shot down and they'd go down in beautiful falling leaves and trailing smoke and terrific sound effects and so forth. And finally, way below on the... on the grass, crash.

Well, there are various buttons in people's lives that are like a... a whole hatful of machine-gun bullets into the gas tank of a Spad, which wouldn't fly anyway. The only reason they flew – nobody ev... really knew this – but you know that World War I's planes didn't fly. They just found fellows who were strong enough to lift 'em up into the air and carry them.

Ever since... ever since... since that race sort of died out, why ever since they've been... they've been trying to get an airplane to fly.

Well, when you ask about degradation or when you ask about, „What is this thing about money? Yeah, money, let's see. Money-money.“ Well, of course, there's a lot to know about money.

Money... Howard Scott... there've been some guys beating their brain cells together in this cen... century. Howard Scott uh... had some very interesting theories on the subject of money. It's the circulatory system of this society.

Let's uh... put it into our frame here and call it, „Money is the attention units of a society“. And they circulate one to another, and back and forth again. And that's proven out by the fact they operate like attention units. Let's say a dollar's an attention unit. And actually where you find the greatest interest centered, you'll find the greatest number of attention units.

Now that person who can force the greatest interest, gets even more attention units because attention units are force units – dollars are force units. They're enforced by bayonets, and they're enforced by scarcity and they're enforced by what they laughingly call the law of... of „Demand the supply“.

Uh... and uh... so you want to... you want to have a lot of dollars coming your way? Be interesting. That... that's if you want to be... just be interesting. They'll flow your way. Wear a... wear an eight-foot hat down the street. One way or another, dollars will come your way if you do that.

Of course, there is interest with repugnance, and then that means attention, although it flicks in your direction, flick off. Dollars won't flow in on that one. They just flick in, flick off.

Well, you can't figure out how to solve money? Having to have money, not having to have money. Just run it.

Now this fellow keeps telling you... keeps telling you, „But how do I solve this body? I haven't got a body – I mean, I've got a body and I... I'm uh... not in it, but I am in it. And I... I know this and I... I'd like to be free and I don't feel free and so on.“ And you've just tried everything. You've burned up his body, and you've thrown it out the window, you've made it appear and disappear and he still can't get out of his body. And mock-ups don't seem to work too well and they're upsetting to him that... there could be a bug there, you see. There's the way he's handling them. And he isn't handling them the way he says he is. And uh... you're not feeding 'em to him very fast the way it is. And there's an upset there some place – bad upset.

It would be an application upset – a technique? No. You just have failed to sight whether or not he was really doing what he was doing. Or failed to start in simply enough so that he's just kind of swamped and he's going along and not telling you what he really is doing. You'll find those preclears, by the way, in abundance.

Well, all right. If you've got a problem of that nature, it will always solve on this one – Having to have a body, needing to have a body, having to be able to control a body, having to be able to own a body, having to be able to protect a body, having to protect people. And NOT doing so, all the way down the line.

Just the sub-zero tone scale, positive-negative. Dichotomies will cover that more thoroughly. So you could run these dichotomies back and forth. But what's it boil down to? Having to have a body, and trying to avoid having a body.

And the guy running this dichotomy, having to have a body and trying to avoid having a body and so on – he'll get unsquirrelled eventually on the subject of bodies. It's a funny thing that that technique sits there kind of isolated. You won't appreciate this unless you've really, really taken a look at it. But having this technique sitting there uh... isolated – having to have it, possession, or control.

Control is slightly different as a technique. Being able to control a body, not being able to control a body. Wanting to control a body, not wanting to control a body, brings in Have and Control at the same time. To own is to operate. You're going up scale a bit, you see, when you talk about control.

But it's a very funny thing, that Control is better than Have, really. But uh... you'll find Have is so intimately Time, that here... here are just thousands of things that you could apparently run quite logically – being guilty and not being guilty, being guilty and not being guilty. You'd think that would produce a result. Obviously, it should produce a result of some sort. Uh... being worried – you being worried, you worrying others, others worrying you. Let's run that back and forth a bit.

You think that produce terrific results? No, that won't. It just won't do it. It will produce some results, yes. More spectacular than a lot of other results. But having to have and not having to have hits it right on the button. And trying to control and not trying to control hits it on a little higher button.

Those are two buttons. They're standing out there very isolated and no other flows work like those.

So, when you get all these techniques all boiled down there, there's anything that's worrying the guy and you have to run actual facsimiles – having to have, not having to have, if you're so rattled you can't think of anything else, well, go right across the boards on it.

And having to control, or trying to control and not being able to control is a little higher echelon than that. Okay? Let's take a break.

(TAPE ENDS)