

SSCB Course

OTG-40

(B/CB)
ADDITION

18 June 89

Control Energy Levels (Body Org Optimizing Tech)

The "Control Energy Level," or "CEL" can be defined as the level or amount of energy the Player is using (at higher levels it could be simply intention he is using) to keep the body under control and safe from interference. This varies from operation state (active, awake) to "sleep state" where it may become lower to "unconscious state" (or drugged or hypnotized) where it may become minimum or even zero.

The application in auditing can even be found in closing

on OT3 where occasionally a pre OT is found to be using a high "holding on to his body" energy - thus preventing the blow off of BTs & Cs.

At OT4 & above, where B/CB is done routinely at session end after major actions and rundowns, and in Body Optimizing Steps where B/CB is used (and even taught to the Body Org "auditor moco's") it becomes important to know (be aware of) what C/E level is being maintained - or some Orgs & moco's will not be able to leave the space of the body BECAUSE THEIR ENERGY OR INTENTION LEVEL IS NOT EQUAL

OR GREATER THAN THE SOLO
AUDITOR'S.

Example: Solo Auditor does a
Black Note handling, while
however, maintaining a
"20%" CEE on his body as
a protection from the
intentions of the Black NOTer
who was trying to get him
sick & drop the body in
an "accident". Now, after
handling the Black NOTes,
(perhaps with Fecal Implanter
handling & LTA Auditing track
run out & Voting for Xenu in
G of Gods LTA) he does the
BLCB to free his space of
1.) MOCOS sent by the B/NOTes.
2.) Case "droppings" of the B/NOTes.
If all goes well and he gets
a big F/W & clean space feeling -

- 4 -

BUT - any MOCOS or "case droppings" whose incident (on CB-B) or energy level is keeping their intention less than the Solo Auditor's "20% CEL" will not be able to blow!

At this point, the Auditor may start to feel "tired" and believe it is because of a "long session" or "all the charge released."

(Note: It is true that in a session where a lot of case mass has been blown, a person may feel very hungry afterward - but this is a normal "remedy of havingness" for the body org & Player. Ref: LRH on "auditing being a game of exteriorization vs havingness")

In the example above, however, it is TIREDNESS after session that may indicate there are still some LOW-ENERGY MOCOS & Ons

that have not blown because of the auditor's CEL. So, if he can, while still in session, deliberately lower his CEL on the body (or if necessary, lie the body down comfortably and "let go" of it) and run through another B/CB to Blow cycle (or several), he may find many MOEOs and even Big Ons (Players) blowing off! Especially if the Ons involved had "ADDITIVE WHILE ASLEEP DRUGGED, HYPNOTIZED OR ~~UNCONCIOUS~~" in LTA. This can even be asked for in the B/CB or CB-B when checking the beginning of LTA incidents on Ring 9999. If they start "moving" or "waking up" just smoothly continue as a PrPr 3 process on them till fully awake, then carry on the completion of

CB-B, then C, then Blow A, B, C.

(Note: The 300 Auditor's commands would be like this;

On CB-B: "Inc I TTA?"

"E/I's TTA?"

"Pre I's TTA?"

"E/U Games TTA?"

"Dumped in WEST U TTA?"

"Game of Gods TTA?"

"(Stuck in) Earlier GOMS?"

"Now back to LTA, 564 GOMS ago, anyone who had auditing while asleep, drugged, hypnotized or unconscious?" (Big yawning + relaxation in body)

"Good. Tell me how you handled it?"

(Some wake up, even blow)

"OK. ① What condition have you encountered in LTA auditing while asleep, drugged, hypnotized, or unconscious?" (more seen, yawns, Telepathic comm, etc)

"Thank you. ② Tell me how you handled it?" (answers, some blows)

Solo Auditor continues the PrP, 3 in this form until all are fully awake or blown, (Some will need the CB-B continuation to LTA Game of Gods, CB-C and Blow A, B, C to fully go.)

Don't be surprised if you still feel a bit anaten after the Blow Steps - it just means there are more of this type On who haven't awoken yet, so just go thru the routine again.

(Note: In a review session, the auditor can do the above after asking the pre-OT to lower his CEF and making sure he can't slip or fall out of the chair - lie him down if its more secure)

(Note 2: Don't do this if the pre OT won't or can't lower his CEF. The maintenance of a CEF is a self-determined action and the player may

have set his CEL for "survival" or to "protect his mission" in the game. In this case, only do this type of B/CB after the pre OT has gotten to the point where he wants to do it - perhaps after a Source Mission Opposition Handling or some Incident where he did lower his CEL and lost his body, thus failing to complete a cycle of action.)

(Note 3: If it is necessary to get these Ohs off the case so the pre-OT can advance - i.e., he can't solo audit because of dope-off - and he won't lower his CEL, then:

- 1.) Precheck "maintaining your CEL on the body!"
(an incident may come up on this or a mission)
- 2.) If an incident - D/K and precheck the incident.
- 3.) If a mission: Run V/I SW or "maintaining your CEL

for this mission."

4.) If he hasn't cognited yet that he can lower his CER to do the Bridge auditing, then check: "Were you ever (TTA or LTA) in an auditing situation (or similar) where you were asked or tricked into lowering your CER so that something could be done to you? (i.e. an overt)"

If it reads, D/L, it's a T/F/N, then run the session ~~but~~ as ANOTHER PRACTICE with Pr Pr 2 using as a wording whatever the Pre OT says it is.

① What condition have you encountered in (post wording)?

② How did you handle it?

(This differentiates it from "auditing in TTA" for the pre OT so he doesn't add your session as a lock on his earlier experience)

Note 4.) This type of B/CB can be

also done by any OT 14 or
above when doing Body Org
Optimizing or just a routine
daily clean-up. The result
should be less tiredness and
more game time available for
OT operation!

BR
Er C/B/Koris,